

Transcendental Functions

In meditation, *transcendental functions* represent those aspects of the human psyche that provide a doorway into the Superconscious mind. These functions arise from the personal and transpersonal bands of the mind, giving rise to so-called exoteric and esoteric methods of accessing the Superconscious mind. These are shown in the table below.

Zone	Faculty	Medium	Function
Transpersonal	Energy and Awareness	Kundalini Yoga	Awakening into higher vehicles
	Spiritual Heart	Nada Yoga	Opening inner channels by the spirit
	Attention	Raja Yoga	Attention and attentional principle focusing and contemplating higher vehicles and the soul
	Essential Understanding	Jnana Yoga	The soul's own discernment revealing the nature of its own vehicles and essence

Zone	Faculty	Medium	Function
Personal	Genius or Talent	Power or Siddhi	Invocation of a gift or ability, mastery of a skill
	Faith, Worship	Prayer	Invocation of Grace from the Divine, belief in God or gods in the Superconscious band of the mind, idealization of other people as heroes or gods
	Revelation, Theological Understanding	Intellectual Illumination	Reception of intuitive insight or revelations from the higher mind; understanding of symbol, metaphor or myth; extraction of meaning from scripture

Exoteric or religious methods of evocation come from the personal zone of the mind, using centers of the Conscious, Subconscious or Metaconscious mind.

Esoteric methods arise from the Superconscious mind (e.g., Jnana Yoga) or activate the immortal centers within (e.g., the attentional principle, the spirit or the current of the Kundalini Shakti).

In exoteric evocation, we invoke the Divine from our humanness; in esoteric work, we invoke the Divine from the spirit and from consciousness (the attentional principle).

Exoteric methods inform religion; esoteric methods, mystic spiritual paths that utilize deep meditative absorption in the Great Continuum of Consciousness.

To learn these esoteric methods, you need to find a teacher who has mastered them and can reveal them to you.

Kundalini arises from its seat in the Subconscious mind and ascends through all of the bands of Superconscious mind. It is the genie hidden in the magic lamp; the Kundalini Master knows the spell to control this genie, lest it destroy the one who knows not how to tame its awesome power.

The spirit is trapped in the mire of matter and cannot extricate itself from the clutches of the mind. The Nadamic Master places the spirit upon its way, opening the channels of the Nada – light and sound streaming from supernal worlds.

The attention is transfixed by the experiences of the senses and trapped in the bubble of the Conscious mind. The Raja Yoga Master knows how to open the portal to the inner worlds and awaken the sleeping third eye, the attentional principle.

The Jnana Yogi knows not from the senses, not from reason, not from Intellect's conceptual maps, but from the profound depths of realization of the Soul. "Knowing this," the hoary Upanishads proclaim, "all else is known."

This inner knowing casts the searchlight of intuition on the internal makings of mind and universe, and whispers a steady stream of wisdom for the ones who commune with its illumined way. For the Jnana Yoga Master knows all the paths, and the pathless realm of the abode of Being – Existence absolute.

Transcendental Functions in the Conscious Mind

To better understand how powers operate through the Conscious mind, it may be helpful to consider the seven transcendental functions that bridge between the normal waking consciousness and the Superconscious mind.

- Kundalini Shakti, functioning through the chakra at the base of the spine, heightens awareness through the multiple vehicles of consciousness.
- Sexual energy, functioning through the sacral chakra, brings about ecstasy and tantric union with your partner. This is the bridge between the organism and universal energy.
- Will, functioning through the solar plexus chakra, utilizes the powers within the vehicles of the Conscious, Metaconscious and Superconscious minds.
- Your connection with the spirit, functioning through the heart chakra, liberates the energy of love and compassion, and invokes the Grace of the Divine.
- Speech, functioning through the throat chakra, communicates the intelligence functioning in the Metaconscious and Superconscious vehicles of consciousness (satsang).

- Consciousness, functioning in the chakra at the point between the eyebrows, allows your attention to consciously witness the higher vehicles.
- Being, functioning in the chakra at the top of the head, allows the integration of your entire mind in the Soul, conferring the knowledge of existence, consciousness, and bliss.

Many of the powers that are anchored in your personality use one of these "bridges" between the waking state of awareness and the Superconscious mind. For example:

- The Kundalini energizes the higher vehicles and allows the intuitive functions to operate.
- The magnetic attraction of sexuality not only procreates children and brings about bonding between two Souls, but also is used to influence others to fulfill your desires in Occult practices.
- Volition directs the siddhis and riddhis, some of which are anchored in your conscious functioning.
- The higher emotionality, the impulses to altruism and virtue are expressed in your life through the functioning of your spiritual heart.
- The phenomenon of channeling and spiritual teaching (satsang) operates through the speech center.
- Metavisual seeing on the inner Planes is the function of the awakened attentional principle.
- The ground of the entire Mind is the ensouling entity: this forms a continual background to all the activities of consciousness.

Meditation and invocational methods are based on tapping into these bridges into the higher mind. In our webinar today, we will explore these tracks that cross into the Superconscious mind.

As you become more familiar with these tracks, you can readily use them to do transcendence meditation—to raise your attention into the Superconscious mind. You can also utilize them to express your three immortal principles—your spirit, your attentional principle, and your Soul—in your human life.

Some of the common meditation methods you may use to access these portals include:

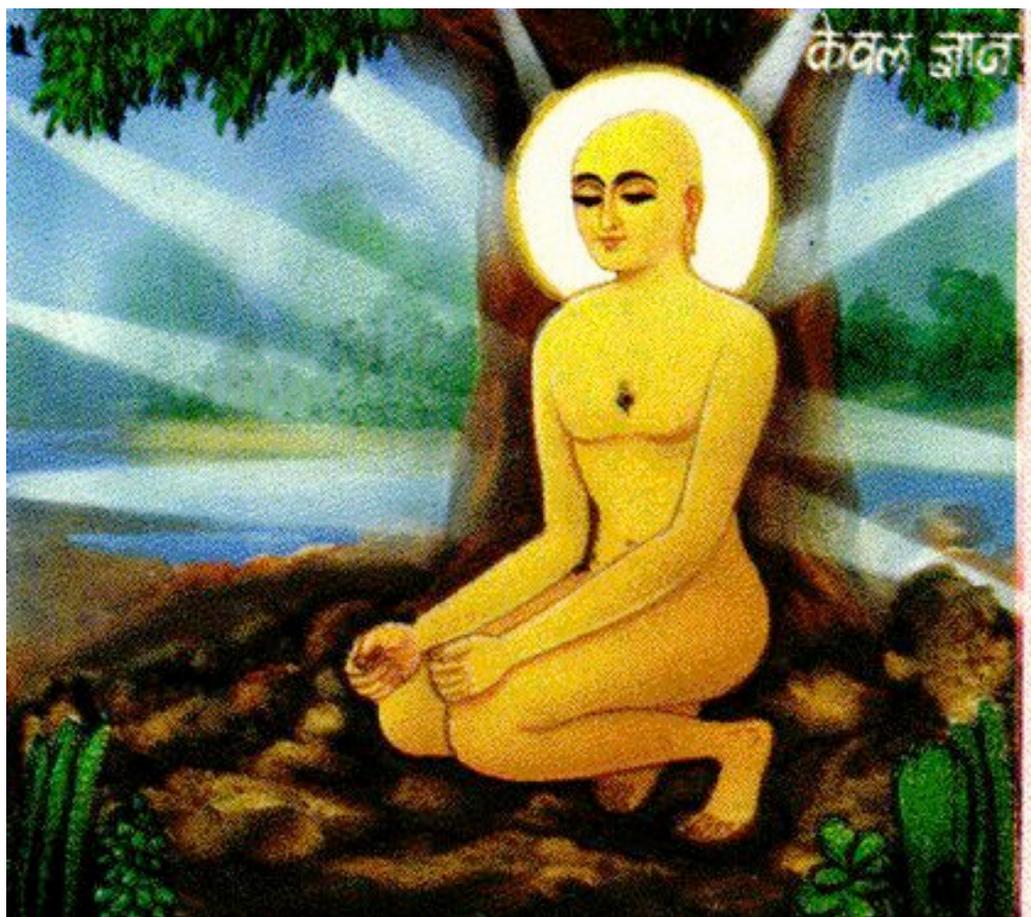
Kundalini track	Kundalini meditation
Sexuality	Tantric sex, conscious sublimation
Will	Centering techniques, affirmation, and creative meditation
Higher emotionality (spirit)	Prayer, Nada Yoga
Channeling and satsang	Chanting, dialog with the Soul, Reflective and Receptive meditation
Awakening attention and the attentional principle	Raja Yoga
Union with Being	Discernment methods of Jnana Yoga, Raja Yoga



Meditation on Your Transcendental Functions

- (1) Notice the track of your kundalini. Observe the degree to which it is currently aroused.
- (2) Notice the track of your sexual energy. To what depth does this awaken?
- (3) Notice the aspect of will that you are aware of in your waking state of awareness. Which of your higher octaves of will are active in you? What are each of them doing?
- (4) What is your spiritual heart experiencing now? How is it expressing in your life?
- (5) Notice the levels of your mind from which speech can communicate. Is your track of speech linked with your attentional principle? Your spirit? Your Soul?

- (6) Remember the focal points within you in each vehicle of your Conscious, Subconscious, Metaconscious, and Superconscious mind, making a bridge to your Soul. Notice the focal points that you have explored in meditation. Have you experienced each focal point and ultimately united your attention with your Soul?
- (7) Notice your Soul and its reflections in its vehicles of consciousness. Focus on existence • consciousness • bliss, and let yourself experience the Soul's state of being.



Thank you for attending our webinar today!

