

## **What the Soul Does When It Undergoes Initiation**

Many meditators assume that to simply do their transformational mantra is enough, and the Soul will make steady and continual progress each day—never pausing, never waiting—just moving ahead. Actually, this is not correct, because at some stages of the Soul's journey, the Soul must pause to integrate its insights; at other stages it must wait to develop its abilities that play a key role in the actualization of its Aeonian mission.

In today's webinar, we will explore the levels of the Soul's expression, what the Soul needs to do to integrate its new experiences, and to express the new love, wisdom, and power that arises at each new nodal point of the Path.

### **Levels of the Soul's Expression During Initiation**

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As the Soul enters a new nodal point through the process of Initiation, seven different levels of expression can be characterized:

1. Being and bliss only, no development of love, wisdom, or power aspects.
2. Being and bliss, with development of intuitive understanding.
3. Being and bliss, with development of intuitive understanding and sense of loving relatedness to others in that same level of the GCC.
4. Being and bliss, with development of intuitive understanding, loving relatedness and new abilities. Exploration of new abilities.
5. Being and bliss, with development of intuitive understanding, loving relatedness and new abilities. Expression of new abilities to help or serve others.

6. Being and bliss, with development of intuitive understanding, loving relatedness and new abilities. In addition to utilizing the new abilities in service, there is concretization of the intuitive understanding as a doctrine or teaching. There may be active attempts to spread this teaching by dissemination of literature, writing books or pamphlets, or through preaching.
7. Being and bliss, with development of intuitive understanding, loving relatedness and new abilities. Both ability and intuitive understanding are expressed as service and teaching, plus the individual may act as a guide to the attentional principle and/or spirit at that level of the GCC.

These levels of expression can be said to vary from no expression (level one), to moderate expression (levels two to four), to intensive expression (levels five and six) to full expression (level seven).

While not all nodal points will be activated in the Soul's spiritual evolutionary career, we would expect that certain nodal points will have been cultivated to moderate, intensive or even full levels of expression.

These levels of expression comprise the Soul's unique contribution to the collective mind of humanity, and may take a variety of forms, including:

- Athletic prowess
- Scientific insight
- Artistic creativity
- Philosophical reflection
- Expression of psychic gifts
- Counseling or therapy
- Healing
- Spiritual ministry (and many other forms)

Working with an Initiate intensively may accelerate the rate at which the disciple's Soul traverses these nodal points. However, there must be stages in this spiritual development process in which this onward progress is halted in order to permit the Soul to activate its expression through a particular nodal point. The "Gate of Initiation" that appears to the disciple at the door of the Soul is there for a reason, and is left in place until the Soul's necessary work is accomplished.

Those not privy to the accelerating influences of an Initiate may traverse a limited number of nodal points in a lifetime (typically between three and twelve), but it is common to see one or more of these nodal points developed intensively. These individuals work with what they have been given, capitalizing on the gifts and abilities accessible to them.

Disciples, on the other hand, typically open many more nodal points during their lifetimes, but tend to develop these nodal points less intensively. While certain nodal points must be activated for them to fulfill their Soul Purpose, disciples will often appear to have islands of nodal point development separated by areas in which the nodal points have either no or minimal Soul expression.

The Initiate supervising the disciple's progress must occasionally put the brakes on the disciple's desire to cross the Great Ocean in great leaps and bounds. The Initiate, in surveying the disciple's Soul destiny pattern, identifies the key nodal points at which the Soul must do its work. The Initiate will purposely stop the disciple's upward progress at that point, until the disciple accomplishes the activation of that particular nodal point.

This interlude between the subsequent release of the disciple for further progress may vary from mere days to many years, depending on the intensity of development required to accomplish the Soul's purpose.

## **Meditation Upon the Soul's Forms of Expression and Alignment with Soul Purpose**

One of the ways you can identify whether you are in tune with your Soul's purpose is to study its expressions in your life. We have here constructed a chart of potential expressions of the Soul in human life. You may wish to modify this chart, using the particular expressions that your Soul has in your life.

You will then ask your Soul, is this directly connected with my Soul Purpose?" You may then do a reflective meditation on any responses that state they are in touch with your Soul Purpose, to learn more about this innermost compass of your life.

[Here is an abbreviated sample of the chart that can help identify whether an aspect of your behavior is connected with your Soul Purpose. You can create your own entries for your behavior to determine if it is linked.]

	FORM	I AM STATEMENT	CONTENT	CONNECTED WITH SOUL PURPOSE Y/N
1	Physical Body	I am the body	Sensory information about pleasure, pain, sex desire	
2	Sportsman	I am exercise	Ability to discipline the body to play sports, to engage in regular exercise, to compete for prizes, etc...	
3	Dancer	I am a dancer	Visual and kinesthetic memory of dance steps, coordination of body movement to rhythm, creative experiment with movement	

	FORM	I AM STATEMENT	CONTENT	CONNECTED WITH SOUL PURPOSE Y/N
4	Lover	I am a lover	Actively courts a sexual partner, initiates contact, foreplay, and coitus. Builds a relationship through communication and spending ongoing time together	
5	Parent	I am a father or a mother	Provides for the livelihood, nurturance, education, health, skills training, values inculcation of children. Supportive friend and role model	
6	Businessman	I am a businessman	Conceives an idea for business, raises, capital to finance it, starts the business, manages its day-to-day activity, hires staff as needed to operate the business, does accounting, files necessary forms with government	

Meditation upon the forms of identity reveals the Soul Purpose in expression. Soul expression through a form can take various intensities of involvement. The following scale may be used to rate the relative intensity of Soul involvement through a form.

- 0 No involvement or expression—dormant ability
- 1 Exposure - Learning the rudiments of the science or art through attending lectures, watching television, or reading a book

- 2 Study and practice – Education and practicing of the art, science, or discipline as part of a curriculum, or training by a mentor
- 3 Hobby – Interest and exploration into the subject beyond what is required.
- 4 Talent – Expression is developed by practice to the state of proficiency
- 5 Innovation – Application of creativity and imagination to the expression, marked by the ability to invent new techniques and forms
- 6 Genius – Able to achieve synthetic comprehension of the subject, and receive inspiration from the Illumined Mind
- 7 Vocation – Expressed as Soul Purpose on an ongoing basis through this form

After you have identified which of the forms of identity genuinely communicate your Soul, you may wish to rate each of your forms within your personality to see to what degree you have developed it, using the scale above.

### **Relative Integration in Higher Octaves Work**

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Integral meditation, as taught in the Mudrashram® system, holds that unfolding the ensouling entity at the cutting edge of spirituality in coordination with the opening of the Nadamic channels is the optimal form of spiritual development. Other traditions operate under different criteria for what constitutes the ideal pattern of spiritual development.

As a result of higher octave work in Transplanetary, Cosmic, Supracosmic, or Transcendental bands, when the spiritual cutting edge is Subtle or Planetary, imbalances of varying degrees of severity can be introduced...

But certain individuals, despite even severe imbalances that effectively shift the spiritual center of gravity into these higher octaves, can function with high levels of integration between the personality and this higher octave development.

In this article we wish to discuss some of these factors that increase relative integration, and those that contribute to non-integration between personality functioning and those higher octaves. We will begin this discussion by first characterizing different degrees of integration.

### ***A Scale of Relative Spiritual Integration***

7. **Seamless** – the higher octave is developed simultaneously in full correspondence with the cutting edge. Shifting attention from one octave to another does not interrupt the link between the cutting edge ensouling entity and the personality. This type of development occurs when the Alayic Divine Name is utilized as the key transformational technique.
6. **High Integration**– though a significant separation of the higher octave from the cutting edge exists, five or more of the protective or ameliorative factors are in place to counteract the imbalance. Dissociation and other disruptions of personality functioning occur very rarely.
5. **Moderate Integration** – despite the separation, three or four protective factors are in place to counteract the imbalance. Disruption of personality functioning may occur with greater frequency, but are short in duration and are managed well.
4. **Low Integration** – despite the separation, one or two protective factors are in place to counteract the imbalance. Disruptions of personality functioning occur more frequently but the individual is resilient and has a strong external support network that helps the individual cope and return to normalized functioning.

Examples of this are Saints and holy persons, whose disciples take care of them, when they enter Samadhic trance.

3. **Mild Non-integration** – in the absence of protective factors, the personality adopts chronic dysfunctional patterns of coping, marked by personality disorders that interfere with functioning at work and in relationships.
2. **Moderate Non-integration** – in the absence of protective factors, the individual experiences chronic anxiety, obsession and depression that markedly interfere with ability to work and form relationships.
1. **Severe Non-integration** – in the absence of protective factors, the individual exhibits symptoms of psychotic decompensation, such as delusions, hallucinations, and catatonia.

Lack of protective factors, plus increasing separation between the nexus of spiritual development and the appropriate cutting edge of spirituality augments non-integration in an individual. This can lead to problems functioning in relationships and at work, and a deterioration of the ability to cope with life's demands.

Progressively, the individual withdraws from responsibility, detaches from relationships, disengages from commitments, and becomes profoundly absorbed in his interior life. This can exacerbate tendencies to paranoia, obsession, anxiety, and depression. In some vulnerable individuals, it can even lead to delusions and hallucinations.

### ***Identifying Protective Factors***

Those activities that keep the attention grounded in the physical body, in touch with the senses, alive to feelings, promote active use of the intellect and will have a protective effect, despite the presence of spiritual imbalance.

1. Physical exercise, physical labor, dancing or other modalities that keep attention grounded for long periods of time and in touch with the body
2. Adequate nutrition, with sufficient protein, vitamins, and minerals to maintain normal functioning of the brain and to produce sufficient energy for sustained activity
3. Normal sexual relationships with intimate sharing of feelings with a compatible partner
4. Independent thinking, decision making without coercion, and commitment to achieve identified personal goals
5. Strong friendships and familial relationships outside the spiritual group in which an individual can be himself without judgment, and with whom he can relate in the normal state of awareness.
6. A stable job that involves responsible functioning, exercising mature judgment, and requires the individual maintain the grounded state of awareness throughout the workday.
7. Intellectual activity: thinking, analyzing, or performing mental operations on conceptual arrays—other than metaphysical or religious themes, which instead may heighten interiorization and withdrawal—coupled with acquisition of new learning
8. Technical or complex mechanical tasks that require active problem solving or troubleshooting that engage reason and the concrete mind for sustained periods of time.

Key to the protective factors are their ability to

1. Fix the attention in the waking state of awareness
2. Sustain the awareness of embodied consciousness
3. Activate the mental faculties of reason, concrete mind, and intellect, which augment reality testing and judgment

4. Establish and maintain loving and supportive relationships in the grounded state of awareness
5. Facilitate independent decision-making, and to adopt responsibility for tasks of employment, family, and self-care
6. Energize the physical body and the senses
7. Utilize complex analytical and motor skills to engage the attention with objects in the environment

By maintaining active personality functioning and developing its faculties and operating in the grounded state of awareness, the individual effectively strengthens the personality.

This resists the forces that lead the individual to be caught up into altered states of consciousness and to remain there for extended periods of time.

With severe imbalances, the individual must fight to regain embodied consciousness and rationality; to reclaim his sanity and personal identity against the omnific tides of the higher unconscious.

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Have you ever felt that you have been delayed in your spiritual progress?

Has your intuition ever recommended that you slow down the rate of your transformation?

Have you ever experienced what you believe was a state of spiritual imbalance? How did you deal with this? How did you rectify it? Do you still have residual effects from this experience?

If you have experienced any of these states of imbalance, did you have in place any of the protecting factors? Which ones? Did they help you function?

Thank you for attending our webinar today!

