

Giving a Voice to the Soul

For some meditators, the Soul gives them information regularly. For others, the Soul dwells in Silence—ancient, wise, and knowing—but is as uncommunicative as the Sphinx. This workshop will focus on opening the track through the throat center so the Soul can communicate.

How the Soul Communicates

There are several ways that the Soul transmits its knowledge to you. The Soul communicates via:

1. **Coincidence** – This type of communication is also called synchronicity. Here the Soul conveys guidance to the human mind through chance encounters with life-changing people, through books that open new horizons, and brings discovery of passion and purpose through serendipity.
2. **Dreams and Reverie** – The Soul may put poignant and meaningful symbols in dreams, or may whisper truths during the stage right before sleep or when the attention is contemplating the shore of the Preconscious.
3. **Psychic Guidance** – At this level, the Soul may give information in response to questions, such as when framed as an inquiry, a question and answer dialogue, or through a structured process like those used in Reflective meditation. This channeling of information can also be triggered through structured psychic readings, like astrology or numerology, or unstructured psychic readings like aura readings.
4. **Revelation** – This type of communication usually occurs when the Soul is undergoing the First Planetary Initiation, but it can also occur when the ministry of the Holy Spirit stimulates the Revelatory Center. It brings understanding of scriptures.

5. **Decree** – This dramatic utterance of the Soul’s truths as an inspired affirmation usually occurs during the time the Soul is undergoing the Second Planetary Initiation. This declaration of the Mighty I AM Presence openly speaks forth the Soul’s truths. This can appear as eloquence when doing a public speech, or can also be written down as inspired messages or inspirations.
6. **Intuitive or Telepathic Overshadowing** – As the Soul undergoes the Third and Fourth Planetary Initiations, the Soul directs its insights to the center of the Manasic Vortex. You may also receive communication from the Monad or the Master that supervises your spiritual development through this conduit. To activate this channel of inspiration, you must (1) invoke the Soul, Monad, or Master through this center, and (2) contemplate this center and listen for the stream of guidance.
7. **Satsang** – This may occur at any stage of the spiritual path. It comes when the Soul has gained realization of its own nature and it begins to teach about the inner Laws of Mind and Consciousness out of its Realization.

The Pathway through the Throat Center

The study of anatomy tells us that the vocal cords are connected with the speech centers of the brain. These speech centers are richly interwoven with other areas of the brain—especially the areas that govern logic and memory. In the normal range of speech, an individual typically communicates from the centers of the Conscious mind or the Metaconscious mind—this is speech from the zone of the Integrated Personality.

Those that communicate from the Soul, however, must build a bridge of speech through the throat center to the Soul. This tunnels through the unconscious mind and the Superconscious mind, ultimately connecting to the Soul directly.

This bridge is progressively built through several layers of expression. These include:

1. Organismic sounds – The ability to communicate the “grunts, growls, and groans” of the body’s experience.
2. Intoning – The ability to utter vowel sounds, mantras, and to make a sound expressing your experience at different vehicles of consciousness.
3. Affirmations – This begins with consciously uttering an affirmation aloud; at later stages of this practice, the Soul formulates and declares the affirmation.
4. Channeling – This allows you to “give a voice” to subpersonalities, to archetypes, and to other spiritual entities. This is typically encountered as you build the bridge through the Psychic Realm.
5. Inspired Speech – This occurs when the Holy Spirit activates speech. This may take the form of “sacred singing,” “speaking in tongues” (glossolalia), or “prophecy.”
6. Decree – This occurs when the bridge has been made to the Mighty I AM presence; this appears as speaking “empowered affirmations” with great force.
7. Silent Speech – As the bridge connects with the Manasic Vortex, the tongue does not utter the words, but rather, radiates them as thought. This is called Radiative or Telepathic transmission meditation; it is typical of the ministry of those who work in the Third Planetary Initiation.
8. Satsang – Once the bridge has been built all the way to the Soul, the soul can utter its truths. There are three tracks of Satsang: (a) giving a voice to the attentional principle [thus I have seen], (b) giving a voice to the spirit [thus I have heard], and (c) speaking directly from the Soul [this have I realized, and declare unto thee]

When Masters Speak

When Masters speak, they

- (a) Speak the Word, which confers Initiation
- (b) Intone the octaves of Being, which grants remembrance of the stages of the Path
- (c) Guide the attentional principle and the spirit through the inner realms and describe the stages of the Path
- (d) Give inspired Counsel, which provides individualized guidance for disciples germane to their station on the path and their personal situation
- (e) Provide teachings to humanity that elucidate the mysteries of spirituality
- (f) Declare the words of the Father and the Christ under inspiration
- (g) Utter the sacred mantras that awaken the Kundalini and other faculties of the Soul.



Connecting with the Soul



The steps to awakening your Soul's inner voice are:

1. Give permission for your Soul to speak (tear away the veil of shame and embarrassment)
2. Invite the Soul to speak
3. Dialog with the Soul, by asking questions and listening to its response
4. Align with your Soul's ministerial centers (Psychic vehicle, Moon Soul, Solar Angel, or Manasic Vortex) and ask the Soul to channel its guidance through you to help others
5. Invoke the Holy Spirit to give you the gift of inspired speaking and to reveal the meaning of the scriptures
6. Invoke your Mighty I AM presence to speak its decrees to overcome all obstacles
7. Ask your attentional principle, your spirit, and your Soul to give you Satsang (unite your attention with its essence)

How to Benefit from Satsang

Excerpted from *A Mudrashram Reader* (pages 352–357)

“Satsang is inspired discourse that is given in spiritual groups. Aspirants, disciples, and the Initiates who supervise these other two groups may give satsang. As an individual progresses on the spiritual path, satsang becomes deeper, richer, and more profound.”

“Satsang can be classified into two categories. The first category of satsang is called testimonial satsang. It comes from the inner realization of the individual.”

“Testimonial satsang arises from:

The spirit [this have I heard]

The attentional principle [this have I seen]

From a nucleus of identity [this I speak under the inspiration of my revelatory mind or intuition]

From the ensouling entity [this truth have I realized, and this I share with thee]”

“The second category of satsang is called channeled satsang. In this type, a spiritual agency beyond the individual's spiritual makeup is communicated to others.”

“Channeled satsang may take the form of:

Acting as a mouthpiece for other spirits, "entities," or angels [Psychic Realm channeling]

Speaking Divine inspiration or prophecy as revealed by the Holy Spirit

Channeling a form of a Master on the inner Planes, either as (a) a reflected form that transmits intuitive knowledge, or (b) a guide form, which may both transmit intuitive knowledge and lead the attention or the spirit through the inner Planes

Acting as an instrument for the ensouling entity of a Master in the inner Planes, which (a) transmits intuitive knowledge, (b) manifests the guide form to those present and those who are not present¹, and (c) transmits Light and Grace through the presence of the one acting as the instrument.”

“When you are in the presence of someone giving satsang in your spiritual group, it is important to gain maximum benefit from it. Satsang can be a catalyst, inspiring you to make steady spiritual progress. It can communicate to you truths from stages of the path you have not yet reached. It can transmit Light and Grace from the Initiate who supervises your group.”

“To gain maximum benefit from satsang when it is given:

Refrain from talking, whispering, commenting, or gossiping while the satsang is being given. Be silent.

Give your attention to what the speaker is saying. Attempt to locate with your attention, in your own spiritual makeup or beyond it, what the speaker is describing. Be attentive.

¹ An empowered Initiate can place the guide form within many individuals at once. The Grace of the Initiate works both with those who are present to hear the discourse, and those who hear it on tapes or compact disks, see it in videos, or read a transcribed version of the talk written in articles or books.

Reflect upon the meaning of the discourse after it is complete. Attempt to use this discourse to expand your own understanding of spiritual truth. Contemplate upon its meaning.

Practice the values and truths you have received, which resonate with your own touchstone of truth. Express these truths in your daily life. Live the truth you have realized.”

“Satsang from advanced disciples and Initiates may be communicated beyond words as the magnetic pull of their guide form within you, or as the Grace–bestowing Light or Shakti, which purifies, illumines, and transforms your inner being.”

“When this type of advanced satsang is given, whether it is from the direct testimony of this advanced Soul, or channeled by one prepared as an instrument, you need to take advantage of this opportunity for reception of the Light. To gain the most value from this type of satsang:

Let your attention unite with the guide form that is drawing you, and travel with it.

Notice the action of the Light as it purifies your inner vehicles.

Listen to the inner revelation of truths as they are shown to your spirit, to a nucleus of identity, or your ensouling entity.

Follow the descending Light of the Spirit. Watch it open your inner centers and transmute the karmic accretion in your unconscious mind.”

Thank you for attending our webinar today!

