

Verifying Where You Are on the Path

In Mudrashram®, it is our goal to have each aspirant and disciple on the path identify where they are on the Path and be able to discern spiritual progress as it takes place. Otherwise, you are dependent on George's ability to read you and identify where you are, and you are effectively "flying blind."

To this aim, we point out that there are seven different methods for verifying the location and unfolding of the Soul.

- (1) *Contemplating the nodal points in front of the Soul* – This enables you to know your Soul dwells in a particular nodal point; if you count these nodal points, you can note your progress to new nodal points. This coordinate system of known nodal points is the basis of the Mudrashram® Correspondence Course; those of you who have this course can use these coordinates to identify your location.
- (2) *Using known Path experiences to verify transformation* – the experiences in meditation vary widely; the aspirant's and disciple's challenge is to identify those experiences that indicate transformation is taking place and that they are moving forward on the path. If you have a known coordinate from one of your readings, "you are on the 11th nodal point of the Universal Mind Plane of the Abstract Mind Plane," and you move forward one nodal point, then you know you are on the 12th nodal point.
- (3) *Meditating on the inner Horizon and your Calling* – **Contemplating the inner Horizon** will reveal to you the form of God or State of Mastery that dwells on that Plane; you can use this state as a marker of your progress. If you can correlate this Horizon marker to a known Plane, e.g., "The jet of Spirit of the Father Mother God dwells at the top of the Psychic Realm," you can notice if this Horizon marker continues to be in front of you, you will be able to identify you are still on the Psychic Realm.

Contemplating your Calling gives you the vision of the “whole track” of your spiritual development in this Division of the Great Continuum of Consciousness; this will show you the discrete “bands” of development that correspond to the different Planes.

- (4) *Using your feeling to identify the spiritual essences within you* – If you cannot see or hear within clearly in the initial stages of your meditation practice, you can feel your way within. The two feelings you must differentiate are (a) the experience of the downpour that marks transformation is taking place, and (b) the feeling of your Soul’s movement as it moves to a new nodal point. This will allow you to know you are making progress, but doesn’t let you know where you are on the Path.
- (5) *Identifying markers on the Inner Planes* – This practice, which is called **Landmarking**, becomes possible after you have gathered enough spiritual experience so you can recognize markers that differentiate the different Subplanes. This discernment arises when (a) you associate discrete phenomena with a particular Plane, and (b) you move your attention to a new band of phenomena. This allows you to create markers for where this phenomena begins and ends, which demarks this Plane. You can also gain this discernment through Guide meditation (which we teach in the Satsang Program Home Study Course); in this practice you meditate with the Guide on a selected Plane, and the Guide labels each level, for example, “This is the temple of Science, this is the Temple of Art”... you then create a mental Landmark for that band.
- (6) *Using the Light Sittings as a way to differentiate levels* – in our public Light Sittings, the teachers of the Mudrashram® lineage verbally announce what is taking place as the Light descends.

You can follow the Light as it descends, and use this to identify each level. For example, if the Swamis say, “the Light is now entering the Supracosmic Soul and its chakras,” you will note where the Light is acting and label this level as your Supracosmic Soul and its chakras.

- (7) *Have your Soul reveal where it is on the Path* – This becomes possible when your Soul has gained a level of inner Mastery, so it can reveal the stages of the Path and discern the markers at each level. Usually, when your Soul reaches this stage, it can also manifest a guide form. For example, on the Bridge Path, this state occurs when the Soul of the Bridge Path reaches the Mahatma stage.

Using Horizon Markers to Lay Out Inner Space

Initially, your task will be to encounter the key landmarks of the Continuum, and to mentally mark them. Once you have done this, you can use these markers as (a) focal points for concentration, which will give you information about that Plane or Subplane, or (b) signposts, which will help you to locate where you are in meditation.

You will construct your bridge to the Soul (Antakarana) through this means; this will also enable you remain oriented while you are in meditation. Your objective is not to float in states of peace and bliss, and watch phenomena serenely drift along—instead, you need to make each meditation count by having an objective for your inner work and carrying that out.

We say there are two kinds of living beings in the Sea: those that float, and those that swim. In the Great Ocean of Consciousness: Be a swimmer, not a floater.

Locating Horizon Markers

It is important to recognize the major Horizon points for each Plane. We list common Horizon points below for different stages of the Path.

Plane	Horizon Marker
Lower Subtle	The Fountainhead Center and the Kumaras
Subtle Physical	Brahma, the Primal god of East Indian Civilization
Subtle Etheric	Shang Tai, the Primal god of Chinese civilization
Subtle Emotional	Zeus or Jupiter, the Primal god of Greco-Roman civilization
Subtle Mental	Ra, Jahveh, or other Supreme deity of the Egyptian, Hebrew, or Mesopotamian civilizations
Subtle Intellectual	Odin, or other Supreme deity of the Scandinavian and medieval European civilization
Subtle Self	The Buddha of the White Lotus, the Primal god of the Tibetan civilization
Subtle Social	Power over the World, its resources and its wealth, the overarching goals of Modern Technological civilization
Lower Astral	The Occult Adepts and Lucifer (also called Kal, Satan, or Iblis)
Intellechy	The Light of Liberation from the Subtle Realm
Biophysical Universe	The Big Bang (origin of the Physical Universe; some disciples will behold the Etheric grid and Shambala beyond the veil of Matter)
Abstract Mind Plane	The Universal Mind, the form of the Master Mind
Psychic Realm	The Light of the Father Mother God
Wisdom Plane	The Golden Sun of Wisdom
First Exoteric Initiation	The Shekinah Glory, the God revealed within Human History
First Mesoteric Initiation	The Heavenly Father, or the Father, Son, and Holy Spirit

Plane	Horizon Marker
First Esoteric Initiation	The Magus
Second Initiation	The Central Sun and the Ascended Masters; beyond this horizon, the vortex from which the Solar Angel emanated
Third Initiation	The Sons of Mind, the Hierarchy on the Manasic Plane
Fourth Initiation	The Light of Compassion and the Golden forms of the Masters
Fifth Initiation	The Light of Nirvana, the Origin of the Soul; beyond this, the Monad
Monadic Plane	The Planetary Hierarchy, beyond this, the blue sun of the Pleiadean home world
First Cosmic Initiation	Brahman, and beyond this, Ishwara and the Yogi Preceptors
Second Cosmic Initiation	The Light Master, and beyond this, Kether of the Cosmic Kabala, origin of the Cosmic Soul Awareness
Third Cosmic Initiation	The Master Guide, origin of the Kirtan center
Fourth Cosmic Initiation	The Origin of Avataric Consciousness
Fifth Cosmic Initiation	The Origin of God Consciousness
Astral Soul	The Cosmic Hierarchy, the Father God, and the Light of Liberation (Paranirvana)
Supracosmic Path	The Guru of that Path; behind this, the origin of the lineage, the Supracosmic Plane Lord, the Supreme Guru, the Lokas of Existence, the Lords of Karma, and the origin of the Supracosmic Soul (Mahaparinirvana)
Bridge Path	The Mudrashram® lineage at the entrance to Adi Sat Guru Desh; beyond that the origin of the ensouling entity and spirit of the Bridge Path
T1	The Subud Master; beyond this, the Cyclic Avatar, and the Sadhu, origin of the spirit of T1
T2	The Shabd Master; behind this, the Sant Sat Guru on the eighth Plane, the origin of the spirit of T2
T3	The Avatar and the Perfect Masters, and the origin of the spirit of T3

Plane	Horizon Marker
T4	The Paradise Master and the Eternal father, Son, and Spirit, origin of the spirit of T4
T5	The Mahanta in the Anami Pad, the origin of the spirit of T5, and behind this, the Ocean of God (Sugmaud)
T6	The abode of the T6 Sat Guru
T7	The Light of Liberation from birth and death at the Mahatma Stage; behind this, the form of the Lord of the Universe, and beyond, the Infinite Stage where the T7 Sat Guru dwells



Meditating on Nodal Points and Horizon Markers

For our meditation today, you will contemplate (1) the nodal point in which your Soul dwells, (2) the nodal points in front of your Soul, (3) the Horizon marker for the Plane your Soul is on, and (4) the origin of your Soul.

Consider your Soul, which dwells on a path of Light (the Way). Notice that it is established in a discrete nodal point. Bring your attention up to that level.

We will use the Hahm Sah breath to help focalize your attention in the Soul. You will think of the nature of your Soul. You will breathe in “Hahm,” you will breathe out “Sah.” Continue to use this mantra until your attention merges into your Soul.

Once you have united your attention with the Soul, you will move your attention in front of the Soul and note the nodal points in the Lighted Path your Soul has opened. Notice that this is mirrored in your Soul’s Consciousness (brain center), the abilities of the Triune Center (thalamic center), the Nadamic tones of the spirit’s path (heart center), as well as in the throat, solar plexus, and sacral centers of the Soul’s essential form.

You will then ask the Soul, “Show me the inner Horizon of the Plane where you currently dwell.” See if an image or other marker comes up. Contemplate that marker, noticing if you can discern any of the phenomena of the Plane in which your Soul dwells.

Next, you will ask the Soul, “Show me your Origin, the Light from which you were born.” Contemplate that Light, noting the track your Soul must follow to merge again in this Light.

After you have contemplated each of these centers, you will return to waking awareness.

Thank you for attending our webinar today!

