

A Brief Primer on Spiritual Imbalance

We continually seem to be talking about spiritual imbalance. This webinar will summarize, and hopefully, clarify (1) what spiritual imbalance is; (2) what is the cutting edge of spirituality, and why we rave on about it so much; (3) how people identify with a particular spiritual essence, and then develop themselves at that level, which produces spiritual imbalance; (4) what are the consequences of creating spiritual imbalance; and (5) how to rectify these imbalances.

We have designed this webinar for our students to better understand it; and to help them explain to others what is spiritual imbalance, and why it is important to do spiritual work in a balanced way. We also created it for those of you in the meditation community that might like to better understand this novel idea.

What is Balanced Development?

To understand what balanced development is, you need to first understand what is the axis of being.

The **axis of being** is like a plumb line that runs from the Lotus Feet center on the Bridge Path through your ensouling entities and their vehicles of consciousness in the Transcendental, Supracosmic, Cosmic, Transplanetary, Planetary, and Subtle bands of the Superconscious mind, plus it links with selected centers in the Metaconscious, Subconscious, and Conscious mind that mirror this development at the Superconscious levels.

Balanced development occurs when all of the elements of this array move together.

Imbalanced development occurs when some of the elements of the axis of being are moved off this plumb line. This occurs in some traditions when they awaken a nucleus of identity (an integration center of the Superconscious mind) or an ensouling entity and their associated vehicles of consciousness, and they move them off of the axis of being.

Major nodes of the axis of being are shown below.

Octave of Being	Active Nodes upon the Axis of Being	Activity of the Spirit
Transcendental	Lotus Feet Center	Vortex of the Spirit on the Bridge Path and seat of the Quintessence Mantra
	Satchitananda	Ensouling entity of T7 – focalizes the Alaya in Creation
	Aligned Transcendental Sphere ensouling entity (Soul of the Bridge Path, or ensouling entity of T1 to T7)	The Light unfolds this ensouling entity and its associated centers to a new nodal point in exact synchrony with the Cutting Edge of Spirituality
Supracosmic	The Supracosmic Soul, its seven chakras, and the Supracosmic seed atom of the Path on which the Supracosmic Soul dwells	The Light unfolds this ensouling entity and its associated centers to a new nodal point in exact synchrony with the Cutting Edge of Spirituality
Cosmic	The Astral Soul, its 16 centers, its seven vehicles of consciousness and its associated nucleus of identity for its station on the Path	The Light unfolds this ensouling entity and its associated centers to a new nodal point in exact synchrony with the Cutting Edge of Spirituality
Transplanetary	The Monad and its seven chakras	The Light unfolds this ensouling entity and its associated centers to a new nodal point in exact synchrony with the Cutting Edge of Spirituality

Octave of Being	Active Nodes upon the Axis of Being	Activity of the Spirit
Planetary	The Planetary Soul, its essential form, its seven vehicles of consciousness and the associated nucleus of identity for its station on the Path	The Light unfolds this ensouling entity and its associated centers to a new nodal point in exact synchrony with the Cutting Edge of Spirituality
Subtle	The Soul Spark, its twelve centers and nine vehicles	The Light unfolds this ensouling entity and its associated centers to a new nodal point in exact synchrony with the Cutting Edge of Spirituality
Personal	The Etheric Seed Atom in the Etheric Vehicle of the Metaconscious mind	The Light unfolds these centers to a new nodal point in exact synchrony with the Cutting Edge of Spirituality
	The atom of the Swastika Center of the Subconscious mind	
	The atom of eternity in the Subconscious mind	
	The Egoic seed atom in the Conscious mind	
	The Physical seed atom in the Conscious mind	
	The Wheel of Time center in the centers below the waking state of awareness	

When Initiation occurs, there is a downpour of the Light that tunes each center to the same level on the axis of being.



So when your development is balanced, all of these nodes of being line up—just like an abacus where no beads have been moved.

Imbalanced development moves one or more of these nodes of being out of alignment with the rest.



What is the Cutting Edge of Spirituality?

Excerpted from “The Cutting Edge of Spirituality”
in *A Mudrashram® Reader: Understanding Integral Meditation* © 2008

“The cutting edge of spirituality is the ensouling entity within you that is animated by the living force of Spirit, which we call the Alaya. This pointing finger of the Divine shows you what is the appropriate next stage of spiritual growth. There are 13 potential levels that you may experience as your cutting edge...”

A Webinar of the Mudrashram® Institute of Spiritual Studies

Number	Our Name for this Ensouling Entity	Level of the Continuum of Consciousness at which it operates	Other Names for this Ensouling Entity
1	Soul Spark	Subtle Realm	Atom of the Divine Presence, Jivan Atma
2	Soul	Planetary Realm	Transpersonal Self, Atma, Higher Self, Planetary Soul
3	Monad	Transplanetary Realm	Paramatma
4	Astral Soul	Cosmic Sphere	The Jewel in the Lotus, The Divine Swan
5	Supracosmic Soul	Supracosmic Sphere	
6	Soul of the Bridge Path	Transcendental Sphere, Bridge Path	
7	T1	Transcendental Sphere, 1st Transcendental Path	
8	T2	Transcendental Sphere, 2nd Transcendental Path	
9	T3	Transcendental Sphere, 3rd Transcendental Path	
10	T4	Transcendental Sphere, 4th Transcendental Path	
11	T5	Transcendental Sphere, 5th Transcendental Path	
12	T6	Transcendental Sphere, 6th Transcendental Path	
13	T7	Transcendental Sphere, 7th Transcendental Path	Satchitananda, Infinite Consciousness

“If your cutting edge is Planetary (ensouling entity 2), and you begin to unfold another of your ensouling entities at a higher octave (ensouling entities 3 through 12), you create a condition we call **spiritual imbalance.**”

“You may also create imbalance by awakening a *nucleus of identity.*

“Yet another way to create imbalance is to open the Nadamic channels of your spirit, either beyond your current level of spiritual evolution at your cutting edge, or at another band of the Great Continuum of Consciousness altogether.”

“Knowing your cutting edge of spirituality is important for several reasons. It allows you to:

- Know your Soul Purpose
- Identify the correct level at which to open the Nadamic channels of your spirit
- Discern which inner vehicles that are activated, which in turn reveals the abilities of the ensouling entity that may be used for creative expression and service to others
- Correctly determine to which depth the kundalini shakti should be awakened
- Maintain the optimal interface between the Superconscious mind and the centers of the personality, so you are able to function in your personality seamlessly and effectively—without personality dysfunction, cognitive and emotional dysregulation, or outright shutting down of personality functioning seen in imbalanced conditions
- Experience realization of the appropriate ensouling entity
- Select the appropriate vehicles of consciousness and ensouling entity to use for attentional contemplation

Identification with a Spiritual Essence: How It Induces People to Work Outside the Cutting Edge of Spirituality

Excerpted from “The Mudrashram® Way” in the Preface of
A Mudrashram® Reader: Understanding Integral Meditation © 2008

“Through the process of focusing within on these essences, the mind passes through three modes of processing and integration.”

“The first mode is *association*. In association, you may come to link a particular chant, song, mantra, image, symbol, auditory tone, or feeling state with a particular nucleus of identity. This same association may be established with one of the 12 spirits, one of the ensouling entities, or with the attentional principle. You remember this state; you may have faith in it; or you may sense that it is deeply within you. You connect with it; you are in touch with it.”

“The second mode is *union*. In union, your attention comes into the presence of this nucleus of identity, spirit, ensouling entity, or the attentional principle. Your attention hovers over it, dwells upon it, and enters its presence.”

The third mode is *identification*. In identification, this nucleus of identity awakens. You sense that this is who you really are—that this is your spiritual essence. Alternately, you may come to feel that one of the 12 spirits; one of the ensouling entities; or your attentional principle is your true essence through long contemplation of this center.”

“Depending on the practices that are used, a meditator can be led to identify with any one of these potential modes of spiritual identification.”

“Vipassana or mindfulness practices, for example, may lead a meditator to identify with the attentional principle.”

“A variety of chants, mantras, contemplative practices, or spiritual songs may be used to activate identification with a nucleus of identity.”

“Nada Yoga or Bhakti Yoga practices cultivate identification with a spiritual essence.”

“Raja Yoga and Jnana Yoga practices uncover the nature of the ensouling entity, leading to enlightenment and Gnosis.”

“The Mudrashram® Way points out that the wide variety of spiritual beliefs and practices of the world's religions and spiritual groups is the direct result of these practices leading adherents of these paths to identify with whatever spiritual essence is emphasized in their teachings...”

What Happens When You Develop a Spiritual Essence Outside the Cutting Edge of Spirituality?

Excepted from “The Cutting Edge of Spirituality”

in *A Mudrashram® Reader: Understanding Integral Meditation* © 2008

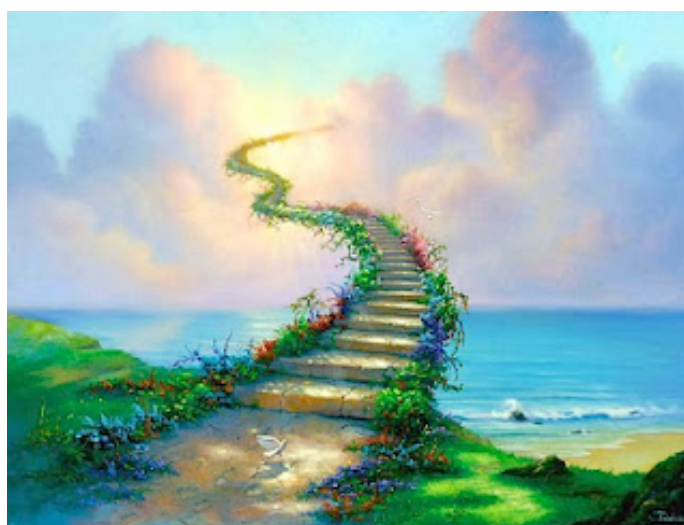
In balanced spirituality, an individual does not migrate outside of the Cutting Edge of Spirituality, as shown below:

	Zone	Stage	Description
Balanced	0	Unawakened	Full identification with personality, and unaware of the existence of the ensouling entity. The ensouling entity communicates with it via dreams, impressions of the preconscious, intuition, or through the expression of its innate gifts
	1	Awakened to cutting edge with no development of higher octave	Personality is aware of ensouling entity and functions in harmony with it. There is seamless integration between the personal and transpersonal bands of the mind.

Imbalance develops progressively when individuals perform their spiritual practices outside the Cutting Edge of Spirituality.

	Zone	Stage	Description
Imbalanced	2	Awakened higher octave with little or no effect on personality functioning	Here there is little or no effect on personality functioning. The individual may experience states of relaxation and euphoria during meditation. The individual may report feeling peaceful, with lowered stress and enhanced concentration during daily life. This is the "spiritual honeymoon" phase.
	3	Awakened higher octave moderately interferes with personality functioning	The individual may experience cessation of thoughts, or trance states in meditation in which they cannot move. They may have difficulty coming out of meditation, and may become spaced out or dissociated after meditation or prayer. They begin to have difficulty concentrating or making decisions. They may begin to have emotional mood swings, or obsessional thinking.
	4	Awakened higher octave markedly interferes with personality functioning, sporadic fixation at higher octave	The individual may enter into union with this higher octave state of awareness (ASA) without warning. Personality functioning may shut down as the kundalini rises: kundalini emergency syndrome symptoms begin to arise in this zone. Emergence phenomena begin to spontaneously arise from the unconscious mind. The ability to function in daily life is compromised. Attention may become temporarily locked or fixed in this ASA.

	Zone	Stage	Description
Imbalanced	5	Awakened higher octave markedly interferes with personality functioning, permanent fixation at higher octave	Attention is locked into this ASA permanently. The individual becomes fully identified as this ensouling entity, nucleus of identify or spirit of the higher octave. The kundalini may remain fixed in this ASA, and the individual will relate to others from a pseudo personality. Here there is complete detachment from the personality, which may be seen as illusory.
	6	Awakened higher octave suspends or dissolves personality functioning, permanent fixation at higher octave	In the deepest stages of development along this path, the advanced disciple or Initiate may gain the ability to awaken others in this path, effectively multiplying imbalanced states of spiritual development in many others. [This is completion of development along this track of imbalance—it is marked by the dawn of spiritual powers and wisdom, and the ability to guide others to this same level.]



Well, My Guru Told Me to Do It and I Trusted Him! So What Do I Do Now?

If you have discovered to your chagrin that you have produced significant imbalances in your spiritual nature in your zeal to find God and reach enlightenment, there is hope for you. You can rectify these imbalances through the following ways—one of them you can do yourself, and the other two will require our assistance.

- (1) Begin doing your spiritual practice at the Cutting Edge of Spirituality. At some point in your practice, you will re-align these centers that you have misaligned, and re-capture them. No harm, no foul. You will just be a little off kilter until you reach this stage.
- (2) If you have begun to suffer from the more dramatic stages of imbalance that are causing personality dysfunction or kundalini syndromes, you can do a Kundalini Recovery Session with me. In these sessions, I will assess your imbalance and what is causing it—I can sometimes dynamically re-balance you. [This requires that you have no current disciplic links with any Initiate.] *If this is your situation, please contact me and we can set up this session.*
- (3) For certain individuals who are highly advanced spiritually on a Supracosmic or Transcendental Path, we can work with them to liberate the ensouling entity at that level, and shift their polarization back to the Cutting Edge. [This will not work if the imbalance is on the 7th Transcendental Path, or you have made spiritual commitments at this advanced level—e.g., you have become a Master Teacher and are ministering at that level.]

Avoiding these Problems In the Future

Excepted from “The Cutting Edge of Spirituality”
in *A Mudrashram® Reader: Understanding Integral Meditation* © 2008

“We see this again and again. Those who write to us with kundalini emergency syndrome often tell us they experienced their symptoms after practicing their mantra or doing their kundalini practices for a number of years. They detail how blissful it was in the beginning, and then later, these strange symptoms began to occur...”

“We urge aspirants—please do not become a casualty! Learn to identify your cutting of spirituality and do your work there. When you begin unfolding the nuclei of identity, ensouling entities, and your spirit at octaves of being that are not on your cutting edge, you risk producing these symptoms of imbalance.”

“You do not have to go insane or become a zombie to make spiritual progress! When you work at your cutting edge, there is seamless integration between your Soul and your personality. Here's what you can do:”

- Study these materials to clearly understand them
- Discern what is your cutting edge
- Notice if you have been experiencing any of the untoward symptoms described [here]
- Stop doing any practices that exacerbate your symptoms
- Learn methods to help you work at your cutting edge
- Learn to rehabilitate your ability to function in the personality
- Study about religions and spiritual cults
- Learn to progressively undo the beliefs and suggestions that these groups may have anchored in you, through which they convinced you to do these practices that produce imbalance
- Continue to monitor the results of whatever spiritual practice you do

Thank you for attending our webinar today!

