

Beginning the Exploration of the Subconscious Mind

The Subconscious mind mediates memory, the creative intelligence of the chakras, the subtle senses and imagination of the astral body, and the transmuting wisdom of the causal body. It mirrors spiritual development in Subtle, Planetary, Transplanetary, Cosmic, Supracosmic, and Transcendental bands of the Great Continuum.

The Halls of Memory

Once you pass through the gates of the Subconscious mind, you come to the present time in memory. Memory records your life one moment at a time. So when you process something in the Conscious mind in the present time—you are aware of it arising and passing away—that makes one unit of memory.

The vividness of memory is contingent on how emotionally charged the event is for you, the degree to which it absorbs your attention, and how long the event is sustained as the focus of your mind.

Yet each event in your life—each breath, each action, each word, each feeling, each thought, and each choice you make—makes an impression in neural tissue, and here in the etheric archives of memory.

Forgetting is a neurological phenomenon; but the ethers retain all things. People differ in how well they can bring forward these faint impressions of the mnemonic ether into conscious awareness through the Preconscious doorway.

In meditation, as your attention moves slowly through these silent corridors of your lived experience, you see the glimmering surface of the records of your life. Your life, as it has been recorded in each moment, goes back to your first conscious memory, to birth, and conception.

Time Travel

Nature layers the sediments of time. Similarly, the mnemonic rings of your life create the layers that make up your time track.

The caravan of the moment moves on. Each moment of life is for one instant animated by the fires of life, and it then becomes a shadow.

Seven tracks tunnel through this first band of the Subconscious mind. While you usually access memory of events that you experienced when you evoke this level, you can also elicit information from one of the other six tracks of this first level of the Subconscious mind. These seven tracks are:

1. Memory
2. Choices
3. Beliefs
4. Feelings linked with experience
5. Speech
6. Sensory images of experience
7. Movement of body and facial expressions/nonverbal expressions

In our first meditation today, you will spend some time with your memory. You will look to see what has been recorded here in these vaults of time. You will notice if you can detect the recording on these seven tracks. You will go back to your first conscious memory, back through the unconscious where there was no “self,” back to birth and conception.



Show Me Your Face Before You Were Born

When you move beyond conception, you enter the stream of golden light coming from the reflection of the Soul. When you touch this atom, you look back at your whole life from the detached perspective of your Soul. What does your Soul see? How does your Soul regard your life? Does it have a reaction, or is it dispassionate?

Sometimes, when people contemplate this keyhole into eternity, they see forms that capture the character of their other incarnations. Like a tableau of statues, you may glimpse these forms behind your current life.

Climbing into a New Form

Many meditators are surprised when they reach this atom of eternity, which they often feel is in their head region, suddenly experience going “down” into the perineum—the area between the anus and the sexual organs—when they move up into the field of the chakras of the Subconscious mind. Some mistake this etheric form in which their chakras are embedded for their physical body. They then erroneously believe that they have descended back into the body.

What actually has happened that you have passed beyond your time horizon, and entered into a whole new level. The highest level of the time track juts up against the lowest level of the next zone of the Subconscious mind, where your chakras are.

The key focal points of the chakras are (1) the seat of the kundalini, (2) the opened spinal tube and the chakras that have been opened there, (3) the closed portion of the spinal tube and the chakras that dwell in this zone, (4) the pituitary center, (5) the pineal center, (6) the jewel in the crown, and (7) the central flame, or Jyoti, of the thousand petalled lotus.

Your Chakras

In the New Age and Yoga communities, people spend a lot of time discussing the chakras. They attribute a wide variety of characteristics that they believe each chakra embodies. They come up with creative ways to “open or awaken” the chakras, to “clear or purify” the chakras, or to “balance” the chakras. They use crystals and gemstones, colored lights, mantras, visualizations, hatha yoga postures, and specialized breathing to activate these centers.

Yogi Preceptors, teachers at the first band of the Cosmic Sphere, add to this confusion by describing amazing magical powers or siddhis that are supposed to dawn on the mind when these chakras open.

How do we cut through all of these mists? By understanding some basic things about the chakras of the Subconscious mind.

- (1) The chakras of the Subconscious mind are centers that have an innate intuitive intelligence; they coordinate memory; they link up with the Soul at its cutting edge of spiritual development.
- (2) Chakras that dwell in other vehicles of consciousness at other bands of the Continuum of Consciousness are often confused with these chakras of the Subconscious mind.
- (3) The drawing of potential analogies about these chakras (e.g., using the Law of Correspondences or Mandalic Reasoning) is limitless; we must study each level of the Continuum to determine what is actually there, so we do not confound one level for another.

What's in the Chakras of the Subconscious Mind?

Our study of the chakras of the Subconscious mind revealed that each petal of each chakra has a specific function. These are summarized in our model below.

Boyd's Model of the Chakras

ROOT CHAKRA

The first chakra has four petals. These petals correspond to Matter (body, possessions), Energy (life, health), Space (experience of immediate environment), and Time (personal history, memory). Concepts associated with the activity of this chakra are balance, homeostasis, harmony, and orientation. Its purpose is to create a foundation of reality, and to safeguard individual survival.

NAVEL CHAKRA

The second chakra has six petals. These petals correspond to Culture (preservation of cultural rituals, learning of expected rules for social behavior, marriage and courtship customs), Courtship (attraction of the sexes, dating and romantic behavior), Sexuality (Coitus, lovemaking), Intimacy (bonding as a couple, honest communication, idealization and realistic knowing of the other), Division of Labor (assigning gender and family roles, setting limits, delegating family responsibilities), and Parenting (disciplining, nurturing, providing the necessities of life for, teaching, modeling, imparting values, listening and being present for one's children). Concepts associated with the activity of this chakra are family relations, sexuality, intimate relationship, and transmission of skills and values for living. Its purpose is parenting, the procreation, education, and raising children.

SOLAR PLEXUS CHAKRA

The third chakra has ten petals. These petals correspond to the executive functions of the adult, and the skills used to earn livelihood. They may be described by verbs, to Lead (motivate self and others, conceive goals and strategies), to Manage (direct self and others to achieve goals), to Finance (maximize resources, to allot and procure resources to reach goals), to Sell (persuade others to purchase or commit to a product, service, or set of values), to Organize (coordinate resources, people, and logistics to produce a product or deliver a service in an efficient manner), to Design (package a product or service in a way that it is desirable by others), to Communicate (let others know about one's intentions, needs or desires, or about one's product or service), to Inspect (analyze, critique, insure adherence to standards of quality or to rules, policies or laws), to Develop (to invent, build prototypes for, model, test a product or service), and

Produce (provide the support and/or physical labor required to manufacture or fabricate a product, or to deliver a service). Concepts associated with the activity of this chakra are Manifestation (actualizing goals), Success (achieving goals), Profit (Realizing financial gain), and Winning (beating competitors). Its purpose is to assure livelihood for the family, to fulfill a role as a worker in society, and to contribute money and labor to the larger community or society in which one lives.

HEART CHAKRA

The fourth chakra has twelve petals. Its functions can also be defined as verbs, to Enrich (eradicate poverty, to provide shelter, clothing and the means for livelihood), to Feed (to relieve hunger and thirst), to Educate (to combat illiteracy, lack of cognitive, vocational and social skills), to Comfort (to provide safety, to assuage emotional pain, and to reach out to the tormented), to Guide (to eliminate ignorance and confusion and to give direction), to Teach (to disseminate spiritual concepts, to remedy ignorance about faith, scripture and the Divine Nature), to Evangelize (to lead others to wisdom, love, and salvation), to Heal (to remove physical infirmity and suffering), to Prophecy (to reveal intuitive truth and moral guidelines), to Reform (to overcome social injustice), to Change (to counter political injustice), and to Emancipate (to attack racial, sexual, and other types of personal injustice and to stop cruelty towards humans, animals, plants, and the Earth). Concepts associated with the activity of this chakra are Advocacy, Caring, Empathy, and Understanding. Its purpose is to express Compassion, to overcome injustice, to build community and solidarity, to unify the broken tribes of humanity, and to minister to human needs.

THROAT CHAKRA

The fifth chakra has sixteen petals. Its functions represent the expression of the Soul's abilities in human life, and can also be described by active verbs: [The Emotional Skills] to Teach (to illumine and teach spirituality), to Guide (to counsel and teach wisdom), to Understand/Empathize (to do psychotherapy and guide an individual back to wholeness), to Move (e.g., dancing, sports, drama, martial arts); [The Sensory Skills] to Hear (e.g., composing and playing music), to Feel (to develop an exquisite sensitivity to life and experience), to Smell and Taste (e.g., Perfume maker, Chef), to See (e.g., painting, sculpture, fabric design, interior design, contemplation of beauty); [The Mental Skills] to Study (e.g., scholarship, discerning meaning, introspection and self-study), to Investigate (to analyze, to reason, to obtain detailed knowledge), to Concretize (the Scientific method of inquiry, to synthesize study and empirical data into hypothesis, to mathematically model, to test one's truths), and to Visualize (to design and invent by making a mental model); [The Intuitive Skills] to Imagine, (e.g., to tell stories, to express humor, to write poetry, to write a fiction novel), to Explain (e.g., Philosophy, to write a non-fiction novel), to Know (intuitional apprehension of reality, psychic

ability), and to Initiate (to activate higher will, to empower others). Concepts associated with the activity of this chakra are Expression of the Soul, Exploration, Growth and Development of Ability. Its purpose is Creativity, making the human personality a conduit for the impulses of the higher unconscious (Superconscious), and service to others.

FOREHEAD CHAKRA

The sixth chakra has two petals. It is active and passive, yin and yang. It brings skillful attunement to the rhythms of life and nature, with their ebb and flow of light and dark, day and night, and Winter and Spring. Concepts associated with the activity of this chakra are Intuition, Attunement, Inner-Direction, and Illumination. It synthesizes the urge to activity, work and service, with the inward life of self-inquiry, insight, and meditation. Its purpose is Inspiration, the breathing of the Soul's life and intention into the mind, the incubation of the ideas, which spawn creativity, ministry, work, and new possibilities of relationship.

BRAIN CHAKRA

The seventh chakra has one thousand petals. It represents learning the Lessons of Life; achieving resolution of problems by overcoming them through the struggle of experience; completion and fulfillment of the desire tendencies of the mind, that is called Karma in the East; and Liberation, the freeing of the mind from attachment and clinging and the expression of the innate virtue of the Soul. Its purpose is wisdom.

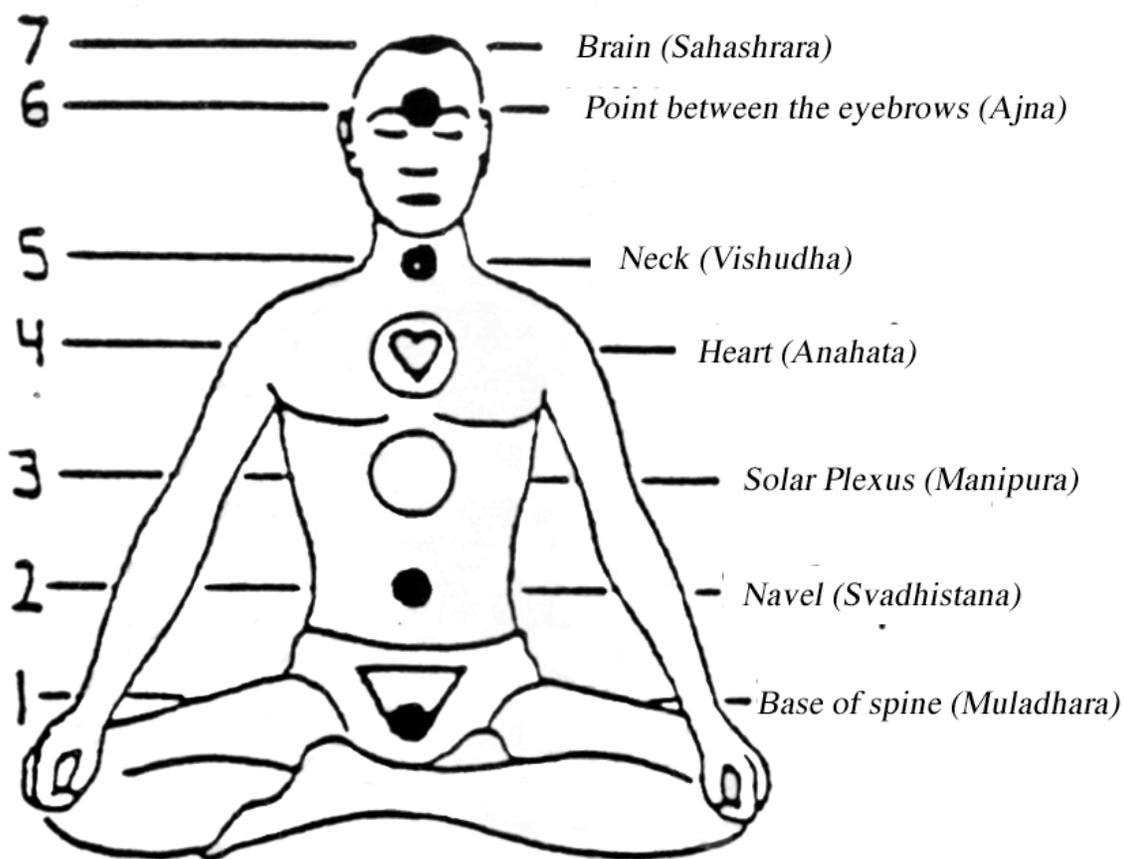
TRANS-CEREBRAL CENTER

The eighth chakra is beyond symbol and metaphor. It is the Soul's knowledge of itself, transcendent to the mind and personality. It is Being untrammelled by mind, by the tenuous spider webs of belief, by the dancing images of thought. Concepts associated with the activity of this chakra are Existence, Consciousness, Bliss, and Eternality. Its purpose is Gnosis, Realization, and Enlightenment.



Checking Out the Chakras

In our final meditation today, we will spend some time contemplating on the focal points of the Subconscious chakras. Your task will be to see if you can locate and visualize the seat of the kundalini, the opened zone of the spinal tube, the closed portion of the spinal tube, and the pituitary, pineal, and brain centers.



Thank you for attending our webinar today!

