

## **The Challenge of the Psychic Realm**

This webinar is the second in our series of difficult areas in the spiritual journey through the Subtle and Planetary Realms. This week will provide an overview of the pitfalls of the Psychic Realm, and explain what the Soul must do to extract itself from its illusions.

### **Where is the Psychic Realm?**

The Psychic Realm is the third Plane of the Planetary Band. It is located between the Abstract Mind Plane and the Wisdom Plane. It is referred to as the Spleen Chakra of the Planetary Man [or Woman].

### **Why Is It a Challenging Aspect of the Great Continuum?**

The Psychic Realm is the World of the Divine Imagination. In imagination, like dreams, knowledge is distorted, emotionalized, and taken out of context. While the Soul begins to gain new abilities here, the product of these “psychic powers” is often distorted by your wishes and desires, and sometimes what you “see” in its visions is not reliable; what you “hear” in its channeled guidance is often full of questionable information.

As you enter this realm, you may be caught up in its glammers, and come to believe that you are a godlike, omnipotent being, who can manifest anything you desire by merely wishing it, intending it, or visualizing it. Magical thinking is rampant in the Psychic Realm; there is any number of channeled “entities” and “guides” who will seek to convince you that these omnific powers are real, and will ask you to remain entranced in this state of awareness.

As you do, the sirens of the Astral will come to you, and show you worlds of fantasy. You will travel in flying saucers with space aliens. You will visit your departed relatives on an astral Plane. You will encounter the thought forms of the personalities (astral shells) of famous people—and if you are lucky—you can become their mouthpiece to the world.

## What Are the Subplanes of the Psychic Realm?

Excerpted from *The Psychic Realm: Finding Safe Passage through the Worlds of Illusion* ©2010 by George A. Boyd

“Each of these Subplanes of the Psychic Realm vibrates to one of the Seven Rays. This relationship between the Seven Rays and these Subplanes is shown below.”

| Subplane   | Ray |
|--|-----|
| The Materialization and Dematerialization Subplane | 1st |
| The Psychic Powers Subplane                        | 6th |
| The Healing Subplane                               | 5th |
| The Heavenly Realms Subplane                       | 4th |
| The Pleiadean Vortex Subplane                      | 7th |
| The Superreflective Aether                         | 3rd |
| The Psychic Guide Subplane                         | 2nd |

### *The Plane of Materialization and Dematerialization*

“The vehicle on this Subplane may appear to the inner eye as a whirling ring or lemniscate (infinity sign) of colored fire that is ever-changing its hues. This vehicle will be referred to as the *vortex of whirling fire*.”

The form of this vehicle resembles a whirling ring or lemniscate (infinity sign) of colored fire that is ever-changing its hues. You may sense this form emanates the ever circulating, pulsing, dynamic energy of creation and change. The feelings you receive from this form make you aware of the transitory, ephemeral, illusory nature of phenomena. Through this vehicle you understand the forces of creation and dissolution. Through this form you gain the ability to influence the creation and dissolution of phenomena.

The centers or chakras of this vehicle are described below.

| Chakra                     | Content   |
|----------------------------|---|
| Base of spine              | The ego, its perceptions, defenses and reactions  |
| Navel                      | The memory of life experiences  |
| Solar Plexus               | The astral body   |
| Heart                      | The Astral Light, the river of light and sound upon which the astral body travels into the world of dimension |
| Throat                     | The subatomic, lifetronic, and astral plenum  |
| Point between the eyebrows | The inner vision, intuitive perceptions of the phenomena of the plenum  |
| Top of the head            | The ability to direct these phenomena to create and dissolve conditions                                       |

### *The Psychic Powers Subplane*

“The vehicle on the Psychic Powers Subplane has seven vortices or wheels of energy corresponding to the chakras of the Subconscious Mind, only vibrating at a higher octave. Each vortex has a different color that predominates at that center. The energy and intelligence residing in this vehicle's centers can be activated by concentration, visualization, and specialized breathing techniques that turn on the psychic abilities of this vehicle.”

The form of the Psychic Powers Subplane resembles the astral body, with seven whirling colored wheels in the cerebrospinal axis. Viewed from without, these wheels resemble ellipsoids or disks. Healing, nurturing, and sensitive energies radiate from this vehicle. You may feel caring and mercy for the suffering of others and want to be of assistance. You will sense the innate intelligence operating through the psychic powers. As psychic powers awaken in this vehicle, you will gain the ability to intentionally use a specific psychic power.

The centers or chakras of this vehicle, together with the potential ability in each chakra, are described below.

| Chakra                     | Content      | Ability                               |
|----------------------------|--------------|---------------------------------------|
| Base of spine              | Red wheel    | Materialization and dematerialization |
| Navel                      | Orange wheel | Precognition                          |
| Solar Plexus               | Yellow wheel | Aura reading                          |
| Heart                      | Green wheel  | Healing                               |
| Throat                     | Blue wheel   | Channeling                            |
| Point between the eyebrows | Indigo wheel | Telepathy                             |
| Top of the head            | Violet wheel | Knowledge of past, present and future |

### *The Healing Subplane*

“The vehicle on this Subplane appears as a golden sphere with wings, out of which pours a stream of golden light.”

Healing, nurturing, and sensitive energies radiate from this vehicle. You will sense your purity of intentions to be of service, as you contemplate this form. You may also become aware that you are using discernment to uncover the meaning of symbolic systems such as astrology, numerology, or Tarot. A therapeutic and reflective intelligence operates through the vehicle of the Healing Subplane, which allows you to use the gifts you develop on this Subplane wisely. This form grants the ability to practice healing and psychic arts after appropriate study and practice, which can lead to you becoming a professional healer or metaphysical counselor.

The centers or chakras of this vehicle are described below.

| Chakra                     | Content  |
|----------------------------|--|
| Base of spine              | Healing of the physical body   |
| Navel                      | Healing of the etheric body  |
| Solar Plexus               | Healing of the emotional body  |
| Heart                      | Healing of the mental body   |
| Throat                     | The mystery schools, the symbolic languages  |
| Point between the eyebrows | The inner vision through which the healing, the divinatory and sensitive arts are comprehended                                     |
| Top of the head            | The volitional center which directs healing energy, synthesizes sensitive and symbolic information, and gives counsel and guidance |

*The Heavenly Realms Subplane*

“You appear in the form of an angel on this Subplane.”

Your form on this Subplane resembles an angelic being, sending beams of pastel light from your forehead. Holy, spiritual energies radiate from this vehicle. You may feel its purity and holiness, and feelings of ecstasy and rapture. You receive intuitive guidance through your guides who are linked with this vehicle. This form grants you the ability to commune with your inner guide and to view the heavenly realms of this Subplane. This form is sometimes called the angel of the Presence.



The centers or chakras of this vehicle are described below.

| Chakra                     | Content   |
|----------------------------|---|
| Base of spine              | Purity  |
| Navel                      | Mercy and goodwill                                      |
| Solar Plexus               | Understanding   |
| Heart                      | Love  |
| Throat                     | Prayer and invocation of the Divine Aid                 |
| Point between the eyebrows | The holy thought which brings comfort, peace and rest   |
| Top of the head            | One of the Divine Names, repeated as a continual mantra |

### *The Pleiadean Vortex Subplane*

“Your form upon this Subplane is that of an alien. Those that gravitate here feel they do not belong with others who dwell on other bands of the Great Continuum of Consciousness. UFO groups and other extraterrestrial cultic groups [that dwell on this Subplane] fulfill the need of these sojourners to be understood by others and to experience a sense of belonging as “aliens” or “star beings” among us.”

In this form you will feel fluctuating pulses or phased energy, resembling that of solar radiation. You may sense alienation and loneliness, together with a sense of incomprehensibility and chaos in the world. The intuitive intelligence of the vehicle of the Pleiadean Vortex Subplane will help you to make sense of this strange world in which you are immersed. On this Subplane, you will gain the ability to communicate your experience, your feelings, your questions, and the truths you have learned as you undergo the journey through this realm. You may feel as you sojourn here that you truly are an Alien or a Star Being.

The centers or chakras of this vehicle are described below.

| Chakra                     | Content   |
|----------------------------|---|
| Base of spine              | A representational symbol or letter in an alien language                      |
| Navel                      | The golden thread of experience, the narrative of the journey                 |
| Solar Plexus               | The wordless poignancy of emotional suffering and joy                         |
| Heart                      | The search for answers, the ability to learn and grow                         |
| Throat                     | Speaking an unknown, alien tongue   |
| Point between the eyebrows | The vision of the dimensions of this realm                                    |
| Top of the head            | The command center, where alien communications can be received telepathically |

### *The Superreflective Aether*

Your body in this realm resembles a crystalline body with eyes in each of its major centers. You will be immersed in energy and knowledge, and receive a flood of intuitive communications, coming from various sources. You will have heightened mental receptivity, and you will scan various frequencies to attempt to tune in to a message. You will find in this vehicle of consciousness that there is an innate scanning and filtering mechanism that allows you to focus on one particular communication.



The centers or chakras of this vehicle are described below.

| Chakra                     | Content  |
|----------------------------|--|
| Feet                       | An eye in the feet, awareness of the sky, the atmosphere and space   |
| Base of spine              | An eye at the base of the spine, awareness of the kundalini shakti   |
| Navel                      | An eye behind the navel, awareness of the astral body  |
| Solar Plexus               | An eye in the solar plexus, awareness of the powers of the Abstract Mind   |
| Heart                      | An eye in the heart, awareness of the spirit   |
| Throat                     | An eye in the pharyngeal hollow, awareness of the spoken word of the Soul  |
| Palms of hands             | An eye in the hands, awareness of the permission and denial of permission by the Soul; the dual powers of creation and destruction   |
| Point between the eyebrows | An eye in the center of the forehead, viewing the stages of history back to the time of the virgin spirits and glimpsing the states of Initiation. This center will be attuned to your own actual state on the spiritual path.                     |
| Top of the head            | A thousand eyes forming a crown atop the head, bringing awareness of the many worlds up to the One Oneness. The areas that are awakened and conscious will appear as open eyes, those that are unconscious will appear as closed or sleeping eyes. |

### *The Psychic Guides Subplane*

Your form on this Subplane resembles a colored seed corresponding to your active vehicle in the Psychic Realm. These colored seeds are arrayed in concentric rainbow rings. You will feel that a Flame or Jet of Spirit imbues this seed, and you will feel radiant and peaceful energy streaming from the Flame.

As you contemplate this seed, you will remain in silent attunement, in touch with the power within the stillness. You will be like a the silent observer beyond the phenomena of the Psychic Realm, able to awaken your own awareness within your psychic vehicles by focusing your attention upon the active seeds that are present on this Subplane.

The centers or chakras of this vehicle are described below.

| Chakra                     | Content  |
|----------------------------|--|
| Base of spine              | The red seed, corresponding to development on the Materialization and Dematerialization Subplane |
| Navel                      | The orange seed, corresponding to development on the Psychic Powers Subplane                     |
| Solar Plexus               | The yellow seed, corresponding to development on the Healing Subplane                            |
| Heart                      | The green seed, corresponding to development on the Heavenly Realms Subplane                     |
| Throat                     | The blue seed, corresponding to development on the Pleiadean Vortex Subplane                     |
| Point between the eyebrows | The indigo seed, corresponding to your development on the Superreflective Aether Subplane        |
| Top of the head            | The violet seed, corresponding to your development on the Psychic Guide Subplane                 |

“If you have the ability to meditate, to hold your attention one-pointedly on the brain center of each one of these forms, you might wish to check in to see which of these psychic bodies is active in you. This active form colors both your perception of this realm and abilities you will develop there, as your Soul brings this aspect of its nature to life.”

For our first meditation today, we will have you check in with your form on the Psychic Realm to see which forms are active in you.

## **How Do You Extract Your Soul from the Psychic Realm?**

Excerpted from *The Psychic Realm: Finding Safe Passage through the Worlds of Illusion* ©2010 by George A. Boyd

To cross this realm safely, the seeker needs to

- (1) Realize the types of entities, phenomena and typical content found on these Subplanes, and to regard them with dispassion and detachment
- (2) Focus on going to the other side of this realm and aim to transcend it completely
- (3) Learn to identify a Psychic Realm communication and use discernment with these messages
- (4) Eliminate the seven principles of ensnarement from the Subconscious mind
- (5) Identify distortions and inaccuracies in psychic readings
- (6) Learn to develop your own psychic abilities appropriately
- (7) Create an calm center which will not be ruffled by psychic hysteria and fantasies

[In chapter two of this book we will give specific meditations to counter these inherent issues you will encounter in the Psychic Realm.]

### **Layers of Reality in the Psychic Realm**

To break free from this phantasmagoria of this realm, you must gain discernment. In the chart that follows, we will excerpt from some of our newer writings on this topic and show you the layers of reality as they appear in the Psychic Realm, and how discernment operates from beyond its perceptual field.

*A Webinar of the Mudrashram® Institute of Spiritual Studies*

| Band                     | Content   |
|--------------------------|---|
| Chemical Ether           | This is the atomic structure of Matter.   |
| Subatomic Ether          | This is the energy comprising Matter that makes up the Unified Field, or Quantum Field.   |
| Information Ether        | This is the analog and digital information that is the raw material utilized by the mind.   |
| Life Force Ether         | This is the living force (prana) that flows through the meridians of the etheric body.  |
| Astral Plenum            | The stratum of the Psychic Realm that is shaped or molded by your desire and imagination; the substance out of which the mind forms images, forms, and astral environments.   |
| Desire seeds             | These manifest the thought forms which shape the Astral Plenum—this is the level where the Law of Attraction operates.  |
| Visionary band           | On this level you see the thought forms and constructions of the Astral Plenum —artistic imagination and much of Psychic Realm Clairvoyance taps this realm.  |
| Aspirational band        | This is your spiritual essence as it can be viewed and known on the Psychic Realm. It invokes or calls upon angels, guides, Masters, UFOs, and other entities through this portal.  |
| Receptive Intuitive band | At this level, you hear and “sense” the presence of those you invoke; you may receive telepathic guidance at this level.  |
| Attunement band          | At this level, you may be prepared to channel spiritual energies, healing, channeling, or prophecy. You might be able to re-tune the vehicles of consciousness of Psychic Realm, or empower others to send the same attunement. The Reiki Attunement is an example of this. |
| Unitive Vision band      | Here you behold a cosmic vision that encompasses the physical universe and the worlds of light—a synthetic vision   |
| Discernment              | The ability to objectively view all of this from a place of clarity and detachment  |

## **The Gentle Art of Finding Reality beyond the Illusion**

The illusions of the Psychic Realm arise because what you see is colored by desire and imagination. Utopian visions, “doomsday” or end-of-the-world scenarios, and visitations by angels, “Masters,” and alien entities are common occurrences when you cross this realm.

But even when your Soul transcends this realm—when you traverse higher bands of the Great Continuum beyond the Psychic Realm—you can continue to have a highly active Psychic vehicle, and the visions and voices do not stop.

The antidote for this steady diet of psychic realm information is discernment. Discernment means

- (a) You are able to recognize the content in the context it is arising. You notice what it is (e.g., an angel) and where you visualize it (Heavenly Realms Subplane). *Psychic phenomena arise in the bands of the Psychic Realm.*
- (b) You note the *feeling tone*, and you determine that it is glamour. Glamour is marked by
  - Hyperbole – inflated or grandiose claims
  - Sentimental – maudlin, romantic, or romantic fantasy
  - Emotional urgency – warning tone, claims that the end of the world is nigh
  - Insincere flattery – extolling your greatness, making you into a star or celebrity
  - Inappropriate intimacy – addressing you as my beloved one, or my dear spirit
  - Aura of mystery or awe – there is a stilted tone to the communication; people wearing special garments, wands, or crystals often augment this sense of mystery

(c) You note that the content is distorted or grandiose. It tells you

- You are a godlike being
- You can create whatever you want by wishing for it or visualizing it
- You can dissolve karma by wishing it away
- You have multiple guides
- The world is coming to an end, or a New, Utopian Age is coming
- You were a famous historical person (e.g., Cleopatra, Napoleon)
- Your Higher Self or “Guardian Angel” has a message for you and they will channel it
- The Masters or aliens wish to speak to you now, and the message is about fantastic powers, or advanced technologies on other planets

(d) You are able to identify the *source of the message* that the channel is communicating comes from an entity on the Psychic Realm. You may presume if the source of the message is from the Psychic Realm, it will contain some distortion.

We recommend that you read *The Psychic Realm* for additional information about this realm, and how to develop discernment and inner vision.

There is nothing inherently evil about the Psychic Realm or the abilities you gain here—for each of you must gain some of these abilities in your inner journey, and use them as a part of your Soul’s service. The snare of the Psychic Realm is that you believe and act on its illusions, and this leads you astray.

Develop discernment; learn to let go of Psychic Realm fantasies. If you are able to do this, you will ascend like the lotus out of the mud of desire into the clear surface of your Soul’s eternal mind.

Thank you for attending our webinar today!

