

Knocking on Heaven's Door: The Purgatory Barrier

There are a variety of notions about what Purgatory is. We would like to clarify what is, where it is, and what goes on when you are there. We also will clarify what is atonement in this webinar.

In the Catholic faith, they believe that souls are supposed to go to Purgatory after they die if they were not perfect saints during life. The Rosicrucian Fellowship also views purgatory as a step in the after death processing that the soul undergoes—they believe that reviewing and sincerely repenting for your errors on a daily basis in meditation will shorten the time you have to spend in Purgatory.

Where Purgatory is

Purgatory is the third Plane in the First Mesoteric Initiation. Once the Soul has gone through the First Exoteric Initiation, it enters the First Mesoteric Initiation. Here

- (a) It passes through the Gate of Death, sees the mirror of its life, and beholds the Great Judge and the Lords of Karma
- (b) It views the suffering of others—the suffering that is the outcome of poor human decision making, founded on carnal desire—in Hell
- (c) It enters Purgatory, and comes to the nexus of the Soul's unfinished business

When you encounter this nexus of the Soul's unfinished business, you reach what we call the Purgatory Barrier, which keeps the Soul from progressing to its next step—the realm of Wholeness/Holiness that is called Heaven.

Those that study with us generally find that their spiritual progress is relatively swift up until they reach this Purgatory Barrier, and then they are stopped. They may question why this is happening to them. Let me reassure sojourners upon the path that this is a regular occurrence that happens to everyone.

At this stage on the Path, use of the transformational mantra does not move them forward to the next nodal point, as they are accustomed—but rather, gives them a small chunk of this mass of unfinished business that they have amassed to process and complete.

How is the Purgatory Barrier Constructed?

The Purgatory Barrier consists of your unfinished business:

- The things you turned over to God to handle for you—he left them here for you, to deal with when you were more ready—when you have greater personal and spiritual maturity
- The skills that you didn't learn in your life and on your spiritual journey—the skills that are necessary for you to be a whole person, and for your Soul to carry out its purpose and mission
- The lessons you avoided learning through your denial, pride, and defensiveness, which you thought you were over with, but truly are not
- The resentments and antipathy you hold towards yourself, other people, and God—the lack of forgiveness and understanding you failed to handle on the Wisdom Plane
- The remaining delusions about your abilities, wisdom, and virtue that you acquired on the Psychic Realm—which you have not faced, nor corrected—so you can begin to live with some modicum of reality and humility
- The items on your personal and spiritual agenda that you have postponed, avoided, and for which you not taken responsibility—they are here, and bid you own them and complete them

- The doubts, fears, pain, and shame that you have not handled in your recovery from trauma and abuse, and in your struggle with faith and trust in your spiritual life, are also waiting for you here

How Do You Work Out this Material?

You work out karma through a variety of means; resolving this mass of karma embedded in the Purgatory Barrier is no different. These means of working out karma on the Purgatory platform include:

- **Embodiment** – You experience karma through your body as illness, as physical trauma, or an accident, which causes injury, misery, and pain.
- **Enactment** – You experience karma through actions that you take. These actions may be voluntary, made to rectify or make amends for a wrong you have done. These actions may be involuntary, as when you keep performing an addictive or compulsive behavior pattern over and over—and you have not met the underlying issue or need that keeps it in place, or learned the lesson that will allow you to release it.
- **Processing** – You may encounter these issues as emotions—such as shame, fear, guilt, anger, resentment, jealousy, envy, lust, greed, hatred, unhealthy pride, arrogance, cruelty, selfishness, attachment, or laziness—and you must get to the bottom of these feelings to discover the Soul’s virtues that these negative passions veil.
- **Experience** – You may find that you have corrective emotional experiences that challenge your long-held negative beliefs; cognitive breakthroughs (aha experiences) that bring you insights into your motivation for behavior; and new perceptual frames that allow you to view your experience in a new way. These allow you make new choices, and to change.

- **Confrontation** – You will encounter the thing you dread or fear again and again, until you take responsibility for it and handle it.
- **Dreams and Revelations** – You may find your dreams and meditations are very full of symbolic material that is difficult to understand—these are messages from your unconscious mind and from your Soul.
- **Archetypal Encounter** – You will meet angels, saints, guides, and spiritual beings in your meditation that will give you guidance to work out your these issues, and will show you aspects of this karma that you have been avoiding.

What Are the Issues that I Must Face There?

There are three types of spiritual wayfarers:

1. Those who have not yet gotten to the Purgatory Barrier in their spiritual journey
2. Those who are there now
3. Those who have already passed through these challenges and have journeyed on to higher states of Initiation

For those who have not yet gotten there, it is doubly veiled—obscured by the unconscious at the Purgatory barrier, and not yet integrated into the Soul's consciousness.

For those who are there now, it is integrated into your Soul's consciousness, but it is still buried in your unconscious, and you must dredge it up piece by piece until it is completed.

For those who have journeyed beyond, you have solved the riddles of the unconscious at this stage of the Path, and handled its issues. This webinar will be beneficial to you to gain a clearer sense of what is there at the Purgatory barrier, so you can help others navigate its perilous straits.

For your first meditation today, you will meditate upon the issues at this Purgatory barrier, so you can identify them.

For those of you who have gone beyond this barrier, you may wish to reflect upon what your issues were and how you resolved them. You may also meditate on the issues at the Purgatory barrier, for someone about whom you are concerned at this time, and to reflect upon how these might be playing into his or her life.



Travel as your attentional principle up to the form that you have on the Purgatory Subplane.

Contemplate this form, and attend to each issue as it arises.

You may find it helpful to write down the ideas that occur to you as you do this practice. If you know the Little Sun method, you can put “my Purgatory issues” in the topic area, and the ideas that occur to you on the spokes.

You may prompt this flow of ideas by asking, “What are the issues I must face at here in Purgatory?”

You may alternately make a direct request to obtain this knowledge, “Show me the issues that I must face here in Purgatory.”

Once you have identified what these issues are, those of you who know the Stepping Stone method can use this technique to assess what is the next thing you need to do to resolve each of these issues—you would do this reflective meditation for each issue.

You may also ask your Soul—or alternately God or the Holy Spirit—to reveal to you any additional information that you need to know about these issues. You will benefit from capturing this material verbatim—channel this inspiration and write it down.

Atonement

The idea behind atonement is this:

You are where you are in your current circumstances. You are separated from an ideal condition or state by an inner barrier or obstacle. When atonement occurs, this inner obstacle is dissolved, and you gain union with that ideal state. Let’s look at some examples:

- **Giftedness or genius** – Through practice of a skill or study of an area of knowledge, you build a bridge to the presence of the Soul, and then the Soul can express its vision through you, using that ability.
- **Personal transformation** – Through carrying out effective steps, or enacting a system, program, or plan, you move through your obstacle and obtain what you desire—and you are able to do, be, or have what you wanted. The Soul embodies this ideal state to you; when you attain it, you embody the Soul in that area of your life.

- **Recovery** – Through invocation of a Higher Power, and surrender to its will and guidance, you are able to heal the split between your willful and addicted carnal self and your Higher Self, so you are freed from your addiction, and you live from a higher platform of love and service.
- **Working through Karma** – Through using a transformational meditation technique, you are able to remove the karma between where your Soul is now, and your spiritual goal—which might be union with the Divine (Sabikalpa Samadhi), or Liberation (Nirbikalpa Samadhi).
- **Purifying the Mind** – Through using Process Meditation and other methods to uncover the issues buried in your unconscious mind, you trace them back to their origin, you release them, and your Soul makes new choices about that area of your life. You progressively work through each area in your life so that your Soul is fully free to express its intentions in your life.
- **Forgiveness of Sins** – Through the Living Fire of the Light—or Holy Spirit—selected karmic issues are dissolved. This allows an inner split within you to be healed, so you may reunite your consciousness with the Soul, a nucleus of identity, or your spirit—depending on how this Light is directed.
- **Resurrection and Rebirth** – Through the awakening of the Kundalini Shakti, your awareness is lifted into a nucleus of identity or an ensouling entity, so you become conscious of this essence and identify with it. You are lifted up [resurrected] from your former state of awareness and identification (e.g., the ego) into this new state of awareness, so that you recognize that it is your true identity [rebirth].

You may recognize some of these patterns of atonement in something you might have already experienced.

- Have you healed an inner split within you, so you could be whole?
- Did you realize and embody one of your life's dreams, so you can live your full potential in that aspect of your life?
- Have you worked out the Karma in one leg of your spiritual journey, and completed your spiritual destiny in one Division of the Great Continuum of Consciousness?
- Have you, by long practice and sacrifice, honed one of your skills into an instrument for your Soul's use?
- Has the Light Fire of the Holy Spirit burned away a negative behavior pattern from your life, or removed an emotional burden from your heart?
- Have you had a spiritual awakening that changed your sense of identity, and gave you a sense of purpose?

If you have experienced atonement in one of its forms, you will not find this process that occurs on the Purgatory platform to be unfamiliar to you; it is the same process, occurring at this new level.

What Atonement Do You Need?



Are you aspiring to turn some of your abilities into clear channels for your Soul? If yes, what are they?

Are you seeking to transform certain conditions in your life into the ideal state you visualize for them? What are those conditions? Where are you right now? Where would you like to be? What are the things that hold you back?

Are you dealing with an addiction or trauma that has immobilized your forward movement in your life, or compromised your sanity and serenity? What does it look like for you to be healed and free?

Are you aspiring to complete your spiritual journey? What aspect of your Higher Unconscious needs to be transformed and transmuted so your Soul can gain Mastery and Liberation?

What internal issues and limiting beliefs need to be processed and released so your Soul may express its full potential through your life?

What are the actions that you do, and the feelings that you have, which make you feel shame, regret, remorse, fear, and guilt? What would it be like for you to be free of these negative patterns—which you might experience as shameful or sinful? How might the Holy Spirit heal you in this area?

What is that highest and best aspect in you that has not come forward in your life? What would it be like to awaken as this essence and let its beauty, Grace, and power express through you?



Thank you for attending our webinar today!

