

<b>THE PSYCHIC REALM</b>	
Contents	Page Number
Introduction to The Psychic Realm	i-iv
Current List of Our Readings and Attunements	ii-iii
<b>Chapter One – Landmarks of the Psychic Realm</b>	
Entering the Psychic Realm	1-2
Major Landmarks of the Psychic Realm	3-5
The Vehicles of the Psychic Realm	6-10
The Nodal Points of the Psychic Realm	10-18
<b>Chapter Two – Overcoming Illusions of the Psychic Realm</b>	
Meditations to Help Overcome the Illusions of the Psychic Realm	19-21
Ideals and Glamour	22-23
The Search for Truth	23-25
Reflections on Imagination	25-28
<b>Chapter Three – Developing Discernment</b>	
On Developing Discernment	29-32
The Buddhist Faculty	33-36
Types of Knowing	36-38
Distillation of Intra-Psychic Elements through Discernment	38-41
The Perceptual Continuum	41-44
Seven Orders of Reality	44-47
Building the Antakarana	47-50
<b>Chapter Four – Psychic Readings</b>	
What is a Psychic Reading?	51-52
Types of Psychic Readings	52-54
Types of Psychic Awareness	54-56
Reflections on Metaphysical Readings	56-58
On Psychic Reading	58-59
Empirical Verification of Psychic Claims	59-60
<b>Chapter Five – Evaluating Psychic Readings</b>	
The Spiritual Dimension of Evaluation	61-63
Quality of Information Gleaned from Impressional Readings	63-64
Assessing a Psychic Reading	65-68
<b>Chapter Six – Psychic Powers</b>	
Guidelines for Use of the Psychic Powers	69
Why Do People Develop Their Psychic Powers?	70
Spiritual Powers – Are They Real?	71-72

<b>THE PSYCHIC REALM</b>	
Contents	Page Number
Chapter Six – Psychic Powers (continued)	
Co-Creation: The Powers of Mind	72-74
Criteria for Miracles	74-76
Chapter Seven – Creation by Intention	
The Mystery of Choice	77-78
The Gentle Art of Creation	79-83
Intention as an Activating Principle	84-85
The Gentle Art of Manifesting Your Intention	85-87
When Affirmations and Prayers Come True	88
Chapter Eight – Channeling	
The Entity Will Now Speak: On the Uses and Abuses of Channeling	89-101
Octaves of Speech	102-103
The Higher Octaves of Speech and Their Role In Meditation	103-104
Chapter Nine – Psychic Guides	
Sources of Guidance	105-110
Activity of Psychic Guides	110-111
Forms of the Guide	111-112
Chapter Ten – Astral Travel	
The Astral Body in the Subconscious Mind	113-117
Understanding Astral Projection	118-119
Preventing Problems During Meditation-Induced Dissociative States	120-122
Chapter Eleven – Past Lives	
Temporal Experience in Meditation	123-128
The Strange Matter of the Perception of Time	129-131
On Recalling Past Lives	131-133
How Can We Remember Past Lives?	133-135
Memory and Meditation: Uncovering Past Lives	135-138
Reflections on Akashic Memory	138-139
Becoming a Past Life Reader	140
Chapter Twelve – Psychic Healing	
Seven Models for Healing	141-145
Zones of Meditative Functioning	145-146
The Seven Temples of Healing	146
Modalities of Healing	147
The Role of Agni Yoga in Healing	148-150

<b>THE PSYCHIC REALM</b>	
Contents	Page Number
Chapter Thirteen – Metaphysical Counseling	
What is Metaphysical Counseling?	151-153
The Octaves of Counseling	153-156
Chapter Fourteen – Tarot	
Meditation and the Tarot	157-160
Tarot and the Prediction of Future Events	160-163
Layers of Symbolic Understanding	163-164
Chapter Fifteen – Visioning	
Inner Vision in Meditation	165-166
Stages of Experiencing in Meditation	166
Developing Inner Vision in Meditation	167-168
Barriers to Clear Vision in Meditation	169-170
Models of Consciousness through the Bands of Psychic Sensing	170-171
Psychic Visioning	172-173
Sense Withdrawal and the Faculty of Clairsentience	174-178
Clairvoyance and Clairaudience: What They Are and How They Are Developed	178-179
The Eight Types of Visualization	180-182
Chapter Sixteen – Soul Mates	
Attracting Your Soul Mate	183-184
A Discussion of Compatibility	184-188
On Affinity	188-192
Reflections on Attraction	192-193
The Four Founts of Love	194
A Glossary of Meditation Terms	195-206
A Glossary of Metaphysical Terms	207-216
Index	217-226
About the Author	227