

TABLE OF CONTENTS

Contents	Page
Editor's Introduction to Discoveries on the Path, Third Edition	i
<b>Chapter One – Disciplic Work in the Mudrashram® Tradition</b>	
Guidelines for Use of Techniques in Integral Meditation	1-3
Planetary Stages for Aspirants, Disciples, and Initiates	3-7
Establishing Disciplic Attunement	7-8
Meditation on the Four Poles	8-9
More on the Grace-Bestowing Power	10
Ministry of the Holy Spirit by the Adept	11
Techniques for Inner Development	12-15
Reasons Why the Soul Is Not Realized in Meditation	15-16
Overshadowing by the Soul	16-17
The Outward-Directed Faculties	17-19
Godlikeness: The Avatar	20-21
The Shores of Mastery	21-22
<b>Chapter Two – The Great Work in Higher Octaves of Being</b>	
The First Cosmic Initiation: Its Place in the Spiritual Work and Its Stages of Mastery	23-25
The Feet of the Guru (Guru Padam)	26-28
On Kriya Yoga	28-30
The Role of Kriya Yoga in the Mudrashram® Tradition	30-31
The Cosmic Fire Body	31-33
More on Kriya Yoga: The Cosmic Fire Kriya	34-35
The Transcendental Kriyas	35-38
<b>Chapter Three – Transformational Mantra: Its Role in the Higher Work</b>	
Satya Mantra (The Planetary Divine Name)	39-40
Nama Mantra (The Cosmic Divine Name)	40-42
Guru Mantra (The Supracosmic Divine Name)	42-44
Param Mantra (The Transcendental Divine Name)	44-46
Adi Mantra (The Alayic Divine Name)	46-47
Bija Mantra: A Study of the Transcendental Meditation™ Style Mantras	47-50
Reflections on Transformational Mantra	50-52
<b>Chapter Four – Karma</b>	
A Brief Discussion of Karma	53-56
Transformation and Karma	56-58
Evaluation of Transformation	58-61
What is Predestined in Pralabdha Karma	61-64
Modes of Processing Pralabdha (Destiny) Karma	64-65
Karma in the Physical Body	66

Contents	Page
<b>Chapter Five – Preparatory Work for the First Planetary Initiation</b>	
Withdrawal of the Astral Body	67-68
Death	68-70
Facing the Dark Side	70-71
Encounter with the Lower Astral	71-73
Maya and the Unconscious	73-75
Visions of God	75-76
Mystic Practices of Saints	77-78
Sublimation of Sexual Desire	78-80
Reasons Why Masters Do Not Demonstrate Powers	80-81
A Study of the Gifts of the Spirit	81-83
Types of Prophecy in the Planetary Realm	83-85
Types of Psychic Readings	85-86
<b>Chapter Six – Psychological Insights</b>	
More on the Continuum of Human Functioning: The Extension of Adult Functioning	87-89
The Potential Role of Meditation in Psychotherapy	89-91
Splits in the Psyche	91-94
Collective Identification	95-98
Personality Ray Character Types	98-100
The Continuum of Human Functioning (Chart)	101-110
<b>Chapter Seven – The Mystery of Ascension</b>	
Understanding the Etheric Seed Atom: The Foundations of Human Life Consciousness	111-123
Using the Etheric Seed Atom to Assess Progress towards Ascension	124
The Path of Ascension	125-133
How Masters Achieve Conscious Immortality: the Three Immortal Forms	134
Adi Kaya Kalpa: Purifying of the Immortal Forms	135-136
<b>GLOSSARY</b>	137-150
<b>AUTHOR INFORMATION</b>	151

