

Looking Ahead on the Path

In 1987, when Swami Prem Dayal first introduced the Mudrashram® Advanced Course in Meditation, he gave me a series of inspired discourses, or satsang, that later became incorporated into the teaching materials for the Advanced Course, and into the manuscript for the second volume of *The Yoga of the Seven Mudras: Introducing the Mudrashram® System of Integral Meditation*.

In this remarkable volume, Swami discussed some key elements of the advanced practice of Integral meditation. Some of the most inspiring material, in which he revealed information about the mirror of your spiritual development in the toruses of purpose of the Subconscious mind; the attentional, transformational, and empowered stages of Samadhi; the Horizon Effect, which veils the highest stages of spiritual development, from your inner sight; what is Liberation; and the Path of Powers.

We hope to release this volume later this month as the first book of our Initiate's Library, level two—these are materials that are available only to those of you who have completed the Mudrashram® Advanced Course in Meditation—with an addendum of new articles that have not been published. But as a preview and a special treat, we will explore some of these topics in today's webinar.



Fulfilling Your Purpose

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In the Subconscious mind, there are a series of crowns or toruses that mirror the purpose of human beings. Like the Jewel of Alaya, which mirrors the current state of spiritual evolution in the 12 domains, these toruses show what remains to be accomplished. These crowns appear as a series of 12 or 18 chords, originating at a point, and returning to that point. For that portion of the purpose that is accomplished, the crown glows with golden light. For that portion of the purpose that is not completed, the crown appears to be encrusted with black karmic obstructions. These toruses are:

| Domain | Color | Number of Chords |
|--|---------------|------------------|
| 12 | White | 12 |
| 11 | Rainbow | 12 |
| 10 | Blue | 12 |
| 9 | Golden yellow | 12 |
| 8 | Emerald green | 12 |
| 7 | Salmon pink | 12 |
| 6 | Violet | 12 |
| 5 | Varies | 12 |
| 4 | Varies | 12 |
| 3 | Varies | 12 |
| 2 | Varies | 12 |
| 1 | Varies | 12 |
| Human Life (Mirror of destiny karma) | Varies | 18 |

On those paths for which the colors vary, there are multiple influences coming from Transcendental, Supracosmic, Cosmic, Planetary and Subtle Realms, so that it is not possible to assign a single primary color to this crown.

The Seven Rays, operating in every realm, together with the colors of the Soul's unique aura composed of innate qualities, thought energy, and thought creations make each of these crowns a glorious spectacle to behold when they have been purified.

For those who are interested, locating these crowns in the Subconscious mind and holding the attention one-pointedly upon each one in turn will reveal much about your current stage of evolution in each domain, and more importantly, will give you information about what remains to be accomplished.



Meditating on the 13 Toruses

- How many of the 18 radii of the Torus of Human Destiny in you are clear?
- Which of the other toruses appear to be purified?

Samadhi

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Attentional Stages of Samadhi

- 1) Absorption of attention in the Higher Self.
- 2) Absorption of the attention in the Astral Soul
- 3) Absorption of attention in the Supracosmic Consciousness
- 4) Absorption of the attention in one of the levels of Transcendental Consciousness
- 5) Absorption of the attention in Satchitananda

Transformational Stages of Samadhi

- 6) Absorption of the Soul such that Mastery, and comprehensive intuitive knowledge of a Plane is achieved
- 7) Absorption of the Soul such that Union with Universal Life (God) is achieved, and Mastery and Enlightenment are attained
- 8) Absorption of the Soul such that Union with Higher Forms or Aspects of Universal Life are achieved, and Mastery and Enlightenment are extended into these higher realms
- 9) Absorption of the Soul such that Union with a Form or Aspect of Universal Life is achieved that frees from the requirement to take incarnation in any form or realm of Creation
- 10) Absorption of the Soul, such that the union with the Personal Beloved form of the spirit is attained
- 11) Absorption of the Soul, such that the Impersonal Beloved, the origin of the individual spirit is attained
- 12) Absorption into the Origin of the Soul such that the individual existence is united with the Original State of Universal Life, as a drop merges into the Ocean and becomes the Ocean (Nirbikalpa Samadhi, or Liberation)

- 13) Awakening is the Ever-Existent, Ever-Living Eternal (Satchitananda) in the Beyond-Beyond state of Realization

Empowered States of Samadhi

- 14) Being anointed and empowered by the Divine, or human representative of the Divine in a lineage, after attaining mastery of a Plane, or through union with Universal Life in its first or higher stages (Teacher, Master, or Guru stage)
- 15) Being anointed and empowered after attaining Mastery of the Impersonal Beloved form of Spirit (Sat Guru or Perfect Master stage)
- 16) After achieving Liberation and awakening into the Beyond-Beyond state of Realization, consciously gaining the ability to send back an ensouling entity, a spirit, and selected vehicles into creation to perform Universal Ministry empowered by the Divine, while retaining the Beyond-Beyond state of Mastery (Multi-plane Mastery stage)
- 17) After achieving complete development of Satchitananda in the 12th domain, this grants the ability to work out the liberation of the ensouling entity, its vehicles and the spirit is in any domain. It confers the ability to take any form within that domain, to take on karma of any individual, and to develop and manifest any form of Mastery within that domain (Infinite Stage Mastery)

Attentional stages of Samadhi are attained actively through the practice of Raja Yoga or passively by Kundalini Yoga methods.

Transformational stages of Samadhi are attained by using the active transformational methods of Bija Mantra and Kriya Yoga (and in special cases, Nada Yoga and a specialized form of Kundalini Yoga) or passively by receiving the Grace-Bestowing Light.

Empowered stages of Samadhi are attained when you meet God face to face on the inner Planes, and you choose to be of service and carry out the Divine Will.

The Horizon Effect

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There is a veiling of the highest stages that you can experience that we call the **Horizon Effect**. What the Horizon Effect does is limits your vision to the Plane you are on, plus any you have already traversed. Hence, if on your spiritual horizon, you see a certain Aspect or Form of the Divine, it may seem to you to be the Highest or Most Sublime Station of God. It appears to be, from your vantage point, to be the Ultimate Source of all Creation and life.

In your journey of transformation, you may approach this High Throne by attaining a nearness to the Presence (for example, a Heaven state). You may also assume a role in the Ministry of this Universal Life in the Creation (for example, an empowered state). Alternately, you may enter a state of Union with this Universal Life (for example, a Beatific or Samadhi state). In each of these three stages of attunement and Union, however, the veiling of the Horizon Effect continues to operate, and the next stage on the path is covered over.

It is for this reason that religions and spiritual teachings have assured us that their Founder's revelations are the Ultimate stage of Realization and the Highest Truth, when in actuality, the Form of the Divine they have uncovered may be only one of the stages on the path.

For this reason, you are encouraged to consider the primal seed beyond all darkness to which you are called, and to take all spiritual experiences along the way, no matter how sublime, as being stages on the path. Viewed in this way, you will avoid the pitfall of assuming one stage of Samadhi is the Summum Bonum of spirituality, and neglect to complete the Great Work to which you are called.

Liberation

As long as the primal seed remains, the Soul cannot ascend to Final Union with the Source that made it. The Soul may gain Union with this primal seed, having burned up all karma, having developed all powers, having all-penetrating intuition, having mastered all lessons that it set out to achieve, and yet remain separate from its Source. This final jump, this dropping of the seed of existence, and merging into the All, is Liberation.

What is it like, Nirbikalpa Samadhi? Your breath and heartbeat seem to stop. Every sense of your self as “I,” vanishes. “You” are not. There is only One Infinite Existence, beyond everything, within everything, through everything. In Nirbikalpa Samadhi, there is Only God, before the Soul was created.

The Beyond-Beyond State is even more incredible. It is like a ray has manifested the Soul, and this ray returns to you. You are just Here in Infinite Bliss, Infinite Consciousness, in conscious Eternal Life. It is like stepping behind the entire Veil of Maya to reveal that Supreme Power within you, just Here, in Perfect Peace. In the Beyond-Beyond state you don't just visit this place—You Are It.



Meditating on Samadhi, the Horizon Effect, and Liberation

- Which states of Samadhi have you experienced?
- Have you ever gone beyond the horizon of what you formerly believed was the highest stage of spirituality?
- Where on the path is the seed of Liberation? How far are you from this place now?

The Path of Powers

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As the Superconscious Mind develops, there are many powers that become available to the Soul. These powers bring Mastery of the Laws of Nature and Consciousness. They give the ability to alter form or appearance. They impart knowledge of the composition and contents of the elements of Nature and of the mind. They reveal the principles by which Nature and the mind operate, allowing the ability to control manifestation. They develop certain essential qualities or virtues that guard against the injury of other sentient beings through misuse of abilities. They protect and nurture the sentient or emotional aspects of human beings. They develop the highest discrimination and intelligence within the mental aspects of human beings. They enhance the Life, or the ability of the Soul to express in Creation.

These powers come, spontaneously, effortlessly, as your Soul transforms into the next stage of Initiation. There are practices and mantras to develop special powers, such as levitation, the ability to read others' thoughts, the ability to see auras, but through your inner experience all these powers will become available for your use.

You may find that powers, though revealing interesting facets of Nature and Consciousness, are truly more distractions than anything else. Because, when your inner teacher appears within, you will be so enthralled by the nectar of wisdom that falls from His or Her lips, the Holy Glory of His or Her Presence, and the heart-filling love that so fills you with ecstasy, that seeking powers will seem totally absurd.



Thank you for attending our webinar today!

