

Putting Together Your Program of Psychic Counseling

This is the final webinar of our Soul Reading webinar series. Our objectives today are to have you

- (1) Obtain an overview of structured and unstructured readings
- (2) Preview three additional readings that we do, the foot reading, the full track past life reading, and the kundalini syndrome reading
- (3) Explore additional “etheric readings”
- (4) Identify, from the readings to which you have been exposed, which resonate with you, and which you would wish to learn and practice more until you master them
- (5) Determine what readings you will include in your psychic reading repertoire, and what is an appropriate balance of readings, so you don’t go off the deep end
- (6) Discover how doing readings fits into your overall Soul Purpose

Let us begin:

A Review of Readings We Have Discussed So Far

Basic Soul Reading (BSR) is the core skill, upon which all other readings build. In our webinar series to date, we have shared with you in addition to the BSR:

Intermediate Class One

- Future life projection
- Past life regression/reading
- Noticing the Soul’s active expression in the present time
- The Soul’s experience of itself in Eternity
- The Intrinsic Soul Purpose Reading
- The Higher Octave Soul Reading

Intermediate Class Two

- Seed Thoughts Reading for Meditation
- The spiritual heart reading
- The Karma Reading

Intermediate Class Three

- Expressed Soul Purpose Reading
- Giving meditation guidance appropriate to the querent's station on the Path
- Identifying unique Soul gifts and how to develop them
- Path Progression Reading
- Meditation Technique Analysis
- Departed Loved Ones Reading
- Career Guidance based on the constellation of Rays
- Relationship Compatibility Reading
- The Medical Intuitive Reading

You want to create a program that builds on *your* strengths. You will *not* do all the readings here, and you might adopt other readings that resonate with your sense of your Soul's innate ability.

If you indeed have a calling to offer your psychic gifts as a service to others and to offer them professionally—e.g., to charge money for them, I would encourage you to read our book, *The Psychic Realm: Finding Safe Passage through the Worlds of Illusion* to learn about the pitfalls and limitations of psychic readings.

Do not presume because you intuit something that it is infallible truth; sometimes your impressions can bubble up from the unconscious and fool you. And you will have days when your psychic ability will not give you accurate information. You need to accept this, and continue to polish your craft so you can gain greater clarity and give a better reading for your querent.

Going Off the Deep End

You want to avoid going off the deep end with Psychic Reading. You can get so entrenched in dubious attunements and strange readings that you can get lost when you sojourn into the Worlds of Illusion.

I will share with you an email I received from a psychic in South Africa that typifies this plethora of questionable attunements that metaphysical practitioners can offer when they are inspired from sources on the Psychic Realm.



I will encourage you to please restrain yourselves. Offer those readings that give accurate and useful information, assist your clients to understand themselves, provide context on their life and spiritual journey, and help them achieve breakthroughs and transformation.

Further, do not succumb to the glamour of the Psychic Realm that urges you to gain psychic powers so you can impress your friends, magically manipulate mind and matter to manifest you every wish, and make inflated promises about what you can do. Keep it honest and simple.

Structured and Unstructured Psychic Readings

There are two types of readings: structured and unstructured.

The **structured reading** uses a template of pre-defined meanings to interpret a symbolic or environmental array for an individual. For example, the Tarot Card reading, attributes specific meanings to the Empress card, and then applies this information to the individual's situation.

In contrast, the **unstructured reading** uses only inner visualization to derive information for the individual. An aura reading, where a psychic gazes at the energy emanating from or surrounding the body and interprets what it means, is a reading of this type.

Structured Readings

When we contemplate the structured reading through the Seven Rays, we come up with the following varieties:

1st Ray – Discerning omens or portents of the future (These readings interpret random arrays of environmental objects, such as tea leaves, the weather, or the alignment of stars and planets; or interpretation of subjective experiences through dreams. They are done based on a pre-defined assumption of meaning for each pattern or symbol presented).

2nd Ray – Astrology (a reading of an individual according to the meanings attributed to planets and stars. Individuals are assigned to signs based on their date of birth, and the configuration of planets and stars interpreted).

3rd Ray – Numerology (a reading of numbers associated with an individual's name, date of birth, etc.)

4th Ray – I Ching or Runes

5th Ray – Palmistry (a reading of the lines on the two hands)

6th Ray – Physiognomy (a reading of physical characteristics such as features on the face, or bumps on the head, which allegedly give information about the health and character of the individual); iridology (a reading of the colors and striations of the iris, which is purported to give information about the health of the organs of the body)

7th Ray – Tarot Card or playing card readings (each card has several meanings associated with it depending on where the card falls in an array)

Intuitive Readings

Intuitive readings across the Seven Rays include

1st Ray – Prophecy (foretells the future of individuals, social, ethnic or national groups through inspired inner visions; may witness the cycles of civilization or the laws of Nature unfolding a preordained pattern)

2nd Ray – Aura Reading (a reading through visual, auditory, or kinesthetic means of the qualities of the individual projected into the environment as an energy field around the body)

3rd Ray – Etheric Reading (a reading of purported stable environmental resonances or magnetic fields. Readings of this type include dowsing, psychometry, and detection of ghosts or spirits inhabiting a dwelling).

4th Ray – Therapeutic Reading (a reading of the physical, etheric and astral vehicles to detect disease conditions, blockage of life force, and unresolved emotional issues)

5th Ray – Past Life Reading (a reading of past incarnations in this cycle of time from the Akashic Ether, a level of the Abstract Mind Plane)

6th Ray – Essence Reading (a reading of the qualities of the individual spirit. This reading may take the form of channeling guidance from spiritual guides, or contacting departed loved ones on the Astral Planes).

7th Ray – Soul Reading (a reading of the current state of spiritual evolution, together with the out-picturing of future incarnations)

You may wish to note the structured and unstructured readings associated with your Soul Ray. You may find that these particular readings come more easily to you—they do so because they draw upon the native perceptual context of your Ray.

If any of these readings resonate with you, you may feel led to explore those structured or unstructured readings further by taking classes or seminars that will help you master them.

Certainly a cursory knowledge of astrology, numerology, and tarot will help you understand the teachings of the Mystery Schools, and will provide a language to enable you communicate with those of the New Age movement, who tap the Psychic Realm for their spiritual insights.

The Foot Reading

The Foot Reading is an example of the unstructured reading of the 2nd Ray. My odd way of reading auras is perhaps unique to me, but you will enjoy watching me do one in our webinar today.

A foot reading is a way of tapping into the aura of an individual, which is the capsule of their etheric, emotional, mental, and spiritual energies that they radiate through the physical body. Some psychics see this energy (clairvoyance); and some feel it (clairsentience).

If you are called to read auras, your Soul will show you how you will detect them.



Here's a family presenting their feet for a foot reading.

Sundry Etheric Readings

You have already been exposed to one etheric reading: the medical intuitive reading. In this type of reading, you read the etheric body to see if there you detect any “shadowing” or “blockage” in the etheric body, which points out potential areas of physical weakness or illness.

If you use etheric reading on objects, it is called **psychometry**. For this reading, you hold an object of a person about whom you wish to gather information in your non-dominant hand, and notice what impressions occur to you.

If you use etheric reading in the environment, it is called **dowsing**. This type of reading is typically done with a stick or wand, and the wand will be drawn downward when the selected search object is located. People commonly dowsing for oil or water beneath the soil; they can also dowsing for buried treasure, dead bodies, and archeological relics or sites.

The most controversial etheric reading is the **prophetic reading**. This purports to read collective events that have not yet occurred. Readings concerning the future do occur in astrology and Soul reading. Astrologers can identify general conditions that may impact people in the future based on the projections of the stellium. Soul readers can look at the out-pictured future lives in the Mind of God.

Prophets, however, claim to be able to look into the future and tell what will be for groups of people [e.g., the Biblical prophets, who declared what was to occur for the Jewish people] or even grander visions for all humanity that some soothsayers proclaim.

My general recommendation about prophetic readings is to judge only by the results: did what was foretold come true?

Past Life Readings

Another common type of etheric reading is the past life reading. Unlike psychometry, which reads objects; dowsing, which detects faint environmental signals; and prophecy, which purports to look into the collective future of humanity—past life readings tap the Akashic Records on the fifth Subplane of the Abstract Mind Plane.

There are three basic types:

1. **Past Life Regression** – in this type, the querent is guided in a hypnotic trance to travel back along the time track to former lives
2. **Intuitive Past Life Reading** – this encapsulates significant information about each of your lives in this cycle of time. It gives your approximate year of birth, the location in the world in which you were born and lived, information about your gender and appearance, your important experiences and relationships, major lessons you learned, talents or abilities you cultivated, your ethical and spiritual development, cause of death, and your approximate year of death. It gleans the highlights of each life.

3. **Metavisional Past Life Reading** gives all of the information of the intuitive past life reading, but in much greater detail. This is a moment-by-moment scan of each of your past lives. Very specific information can sometimes be gleaned from metavisional past life readings, such as names, dates, descriptions of rooms in your home, your reactions to events occurring around you, the decisions you made in the context they occurred. You are an active participant in this reading, as you can the reader to explore specific information that you wish to know.

We teach you methods on how to sense your past lives in the “How to Read Your Own Past Lives” webinar. Those who feel a calling to develop the skills to do past life readings will benefit from taking this workshop.

The Kundalini Syndrome Reading

This reading examines the arousal of the Kundalini Shakti, noting any imbalances in the vehicles or abnormal intensification of the kundalini energy. This reading can track the origins of the symptoms people are experiencing as a result of Kundalini Emergency Syndrome; it can also help them identify whether their symptoms are kundalini-related or stem from another source. This reading includes an optional attunement to correct any imbalances, to see if the abnormal state of kundalini arousal can be attenuated.

I have been doing these readings for people around the world since 2006. I summarized many of my insights and recommendations for working with this problem in our “Kundalini Recovery Workshop.”

To perform this reading, you need to be able to detect the energy of the Kundalini in the spinal tube (Sushumna), and follow this track through each higher octave to look for imbalances in vehicles of consciousness, or evidence that this energy is drawn up and fixed in a higher center.

Developing Your Program Doing Psychic Readings



What are your strengths in doing readings?

Which of the readings that we explored in this series particularly resonated with you?

How will you package your readings? Will you have unstructured readings? If so, which ones?

Will you have structured readings? If so, which ones?

Will you do the Basic Soul Reading?

What readings will you draw from Intermediate Class One?

What readings will you draw from Intermediate Class Two?

What readings will you draw from Intermediate Class Three?

What readings will you draw from this class?

What additional skills might you need to develop to make this happen?

What will you commit to work on to ensure you develop these readings?

If you are already doing readings, how might you modify your current offerings?

If you are not offering readings, when will you begin doing them, and what will you initially offer?

What confirms for you that doing readings are part of your Soul's expressed Soul Purpose?

Thank you for attending our webinar today!

