

Intermediate Soul Reading, part two: Extending the Basic Soul Reading

Our advanced webinar today will continue the study of the Basic Soul Reading (BSR), and how it can be extended to give additional information relevant to the querent's guidance. As we have discussed, the BSR is central to all spiritual counseling in the Mudrashram® system of Integral meditation, and forms the foundation of knowledge to which further metaphysical insights can be related.

In our previous webinar of this intermediate Soul Reading series, we have explored Future Life Progression and Past Life Remembrance. We explored the Soul's active expression in the present time, and the Soul's experience of itself in Eternity. We also sketched out the method for doing the more advanced readings, the Soul Purpose Reading and the Higher Octave Soul Reading.

This webinar will build upon this foundation to explore the following additional topics and readings that arise from shifting your meditation focus to study your querent in new ways:

- What do the images of inner centers within the inner vehicles mean? What form of intelligence, ability, or expression of virtue or compassion do they represent?
- The Seed Thoughts Reading for Meditation
- The Spiritual Heart Reading
- The Four Karmic Quadrants
- The Karma Reading

You will recall that in the first webinar of this Intermediate Soul Reading series, you explored the readings available through the brain center of your psychic vehicle, and traced the track of the Soul's development through the Division in which it dwells, and contemplated the relative spiritual development at each of the Higher Octaves of Being at Cosmic, Supracosmic, and Transcendental Octaves.

In this webinar, you will learn about shifting to the Third Ray perspective to gather the images and impressions for the chakras of the Soul's essential vehicle, and to contemplate the heart center of that vehicle to do the Spiritual Heart Reading, and the throat center of that vehicle to do the Karma Reading. Let us begin.

The Soul's Essential Vehicle: A Review

To do the readings of today's webinar, you will need to be familiar with the Soul's essential vehicle. To refresh your memory, the Soul dwells on its own Plane, the Soul Plane or Atmic Plane. It expresses through its essential vehicle, which in turn, is aligned on top of the other vehicles of consciousness for each Plane that the Soul has traversed. So, if someone's Soul is on the Wisdom Plane at the third nodal point of the second Subplane, you would see the following alignment:

- Soul [on the Atmic Plane directly above that nodal point]
- The Soul's essential vehicle [the central jet of Spirit in the brain center of this vehicle is directly tuned to this nodal point]
- The vehicle of consciousness of the Wisdom Plane
- The vehicle of consciousness of the Psychic Realm
- The vehicle of consciousness of the Abstract Mind Plane
- The vehicle of consciousness of the Biophysical Universe
- The vehicle of consciousness of the Subtle Realm
- The body of blissful resonance [Anandamayakosa]
- The body of revelation [Vijnanamayakosa]
- The body of ideas [Manomayakosa]
- The body of life force [Pranamayakosa]
- The body that is in touch with the seamless web of Nature [Annamayakosa]

- The centers within the personality that are tuned up in synchrony with the Soul that reflect its state of development [etheric seed atom, brain chakra in the Subconscious system of chakras, swastika center, atom of eternity, egoic seed atom, and physical seed atom]

The Soul's Essential Vehicle has the following centers:

Excerpted from *The Introduction to Meditation Program* ©2010

Name of Center and Location	What Are the Functions of this Center?
<p><i>Kundalini Track</i> This is the center at the base of the spine in the Soul's Essential Body.</p>	<p>The principle of energy and awareness that awakens the mind into union with the Soul.</p>
<p><i>Etheric Atom</i> This is the center in the navel in the Soul's Essential Body.</p>	<p>This is the life energy through which the Soul animates its vehicles and incarnates in the human body</p>
<p><i>Astral Atom</i> This is the center in the solar plexus in the Soul's Essential Body.</p>	<p>This is the Soul's vortex through which expresses in Astral matter. This expresses as virtue, creativity, and manifestation of its intention.</p>
<p><i>Nadamic Track</i> This is the center in the heart in the Soul's Essential Body.</p>	<p>This is the presence of the Light and the Word on the path of the spirit. The spirit encounters the Soul on its path when it opens the channels of the Nada.</p>
<p><i>Causal Center</i> This is the center in the throat in the Soul's Essential Body.</p>	<p>This is the nexus in which Karma is stored and processed during the Soul's evolution.</p>

Name of Center and Location	What Are the Functions of this Center?
<p><i>Center of Blissful Presence</i> This is the center in the medulla in the Soul's Essential Body.</p>	<p>This is the center where the meditator experiences the bliss and sacred presence of the Soul.</p>
<p><i>Triune Center</i> This is the center at the point between the eyebrows in the Soul's Essential Body.</p>	<p>This is the center where the Soul embodies its Love, Wisdom, and Power. This center is the seat of the Transpersonal Will.</p>
<p><i>Soul's Consciousness</i> This is the center in the brain in the Soul's Essential Body.</p>	<p>This is the Soul's apex of Consciousness—all of the stages of its development are mirrored here as concentric spheres.</p>
<p><i>Transcerebral Center</i></p>	<p>This is the Soul on its own Plane.</p>

It is very important that you are completely familiar with each of these centers in yourself. You will need to be able to not only recognize them in yourself—but to do the readings of this webinar—you will need to recognize them in others. So to begin your exploration of these readings, we will first have you meditate on these centers.

You need to pay special attention to the heart and throat centers of the Soul's essential vehicle today, because this is where you will be focusing to do the Spiritual Heart Reading and the Karma Reading.



The Shifting Perspective Exercise: A Review

We are going to review the shifting perspective exercise. This exercise allows you to gather multiple viewpoints on any object you choose for meditation, and enables you to tease out selective information based on what you need to know.

Initially, when you did this meditation, you focused on the Self. You asked a question or make a request to experience the content at that level. *Today, you will use it at the level of the Soul's consciousness.*

Ray	Content	Question/Request
1st	Conation: the presence of will, intention, or wish	What aspect of the will operates here? Show me the aspect of the will that operates here.
2nd	Quality and energetic form	What is the form and energy that comes from this center? Show me your form and the energy that emanates from this center.
3rd	Symbol, archetype, or image	What symbol, archetype, or image represents this center? Show me the image that embodies this center.
4th	Energy or flow state	What energy pervades this center? Let me experience the state of being one with this state.
5th	Seed atom, form, and centers in that form	What is the form and centers of this form? Show me the form this center dwells in and the chakras of that form.

Ray	Content	Question/Request
6th	Emotional track, current of the Nada	What emotions arise from this center? What aspect of the Nada tracks through this center? Show me the track of the Nada that runs through this center.
7th	Spatial location, level of the mind	What is this location? What level of the mind is this? Show me where this is on the track of the attentional principle in the physical universe or in the Astral Light.

This shifting in the focus of awareness enables you to select the information you need to obtain. For example:

- If you are studying your abilities, you would select the 1st Ray track. At this level, it would reveal your Transpersonal Will arising from the thalamic center.
- If you want to look at quality and character, you would select the 2nd Ray track. At this level, you could gather information about the Soul's virtue and character through the sola plexus center.
- If you seek to find an image or metaphor for a level of your mind, you would select the 3rd Ray track. This has special relevance for the Seed Thoughts Reading you will learn in this webinar.
- If you wish to experience the energy at a level of your mind, you would select the 4th Ray track. At this level, this focuses your attention in the blissful resonance of the AUM or AMEN at the medulla center.

- If you endeavor to study each vehicle of consciousness, you would select the 5th Ray track. This is the approach you learn and apply in the Mudrashram® Correspondence Course—and you study each vehicle of consciousness from this perspective.
- If you are exploring your emotions, or tapping into the experience of the spirit, you would select the 6th Ray track. You will use this perspective when you explore the Spiritual Heart Reading.
- If you move into the spatial experience of a level of your mind, you would select the 7th Ray track. You use this method in the Direct Projection technique of Raja Yoga; at this level, you would find the top of the stream of the Astral Light, and experience the Jet of Spirit that dwells in this brain center of your Soul's essential vehicle.

So in the new readings you will learn today, when you focus on getting the image or metaphor for your Seed Thoughts Reading, you are going to use 3rd Ray Track; when you focus on the spiritual heart of another person and contemplate it in the Spiritual Heart Reading, you are going to use the 6th Ray Track.



Focus on the brain center of the Soul's essential vehicle.

As you shift through each Ray perspective, notice what are the content, quality, intelligence, and intuitive impressions that arise, as you move from one Ray to another.

Shift at random from one Ray to another, so you can do this at will.

The Seed Thoughts for Meditation Reading

To do a complete Seed Thoughts for Meditation Reading, you would contemplate each of the following centers:

BEGINNING LEVEL MEDITATION

ESSENTIAL CHAKRA ONE

ESSENTIAL CHAKRA TWO

ESSENTIAL CHAKRA THREE

ESSENTIAL CHAKRA FOUR

ESSENTIAL CHAKRA FIVE

ESSENTIAL CHAKRA SIX

PRESENCE OF THE SOUL

KEY FUTURE INITIATORY CENTER I

KEY FUTURE INITIATORY CENTER II

KEY FUTURE INITIATORY CENTER III

INTERMEDIATE LEVEL MEDITATION

FIRST INITIATION (MOON CENTER)

SECOND INITIATION (SOLAR ANGEL)

THIRD INITIATION (MANASIC VORTEX)

FOURTH INITIATION (ILLUMINED MIND)

ADVANCED LEVEL MEDITATION

THE MONAD

COSMIC (ASTRAL SOUL)

SUPRACOSMIC (SUPRACOSMIC SOUL)

TRANSCENDENTAL (THE ALIGNED TRANSCENDENTAL PATH ENSOULING ENTITY)

For our purposes today, we will just focus on doing the first part of the beginning reading: essential chakras one through six. You can begin to add the other images, as you become more adept at doing readings we learned in Intermediate Soul Reading class one, the Soul Purpose Reading [this gives you the images for the Key Future Initiatory Centers], and the Higher Octave Soul Reading [this gives you the images for the Monad and higher levels]. Once you master the fundamentals of getting the images for the essential centers, you can extend this contemplation to the Planetary Realm's nuclei of identity.

In doing this reading, you skip the kundalini track at the base of the spine and the medulla center. You contemplate:

- Essential Chakra One – this is the navel center (Ethereic form)
- Essential Chakra Two – this is the solar plexus center (Astral form)
- Essential Chakra Three – this is the heart center (The spirit's Path)
- Essential Chakra Four – this is the throat center (Causal form)
- Essential Chakra Five – this is the thalamic center (Nexus of Love, Wisdom, and Power)
- Essential Chakra Six – this is the brain center (The Soul's consciousness)

You would then extend this reading to include the Presence of the Soul at the Transcerebral center, and key initiatory centers—like the form of the Saint, or the Crown of Purpose—and optionally, you could add images for the nuclei of identity and the Higher Octaves of Being.

You would customize this reading for the querent before you. It depends on (a) their experience with meditation, and (b) their ability to contemplate and derive meaning from images.

- If they were beginning meditators, you would just give them images for the six essential chakras and the Soul.
- If they have been meditating for some time, and have taken the First Initiation and above, you could add the nuclei of identity and key initiatory centers.
- If they are advanced—like those of you who have taken the Advanced Course in Meditation—you would add the images for the ensouling entities of the Higher Octaves of Being.

So let's do this. We'll start by contemplating these centers in you.



Contemplate each center of your Soul's essential vehicle. You will note: feeling • tone • image. Now focus on the image.

As clearly and succinctly as you can, describe the image in detail, e.g., a golden angel within a glowing sphere. Write this down.

Finally, ask your Soul's Illumined Mind: "What does this image mean?" Write down any impressions that come to you.

You will then write down your description in your Seed Thoughts Reading template, and explain what it means.

The Spiritual Heart Reading

This is not a reading that I currently offer to other people, but it is one I have learned, and I wanted to share it with you. Some of you will powerfully resonate with this reading, and you will definitely want to add it to your Psychic Reading repertoire. For others, this reading will not yield information that you consider valuable, and you will not want to use it.

For this reading, you will start by contemplating the heart center of your Soul's essential vehicle. Then you will follow the currents of the Nada downward, and you will contemplate the presence of your spirit.

As you contemplate, notice:

- What do you feel? How would you describe that feeling? Write this down.
- What qualities do you sense? How would you describe those qualities? Write this down.
- What thoughts or words are communicated to you as you contemplate the spirit? Write these down verbatim.
- What images appear to you? How would you describe them? Write this down.

Next, you will ask the spirit specific questions:

- Is there anything that [querent's name] needs to know about you?
- What do you need that you are not currently receiving?
- What does [querent's name] need to know about his or her life today? The future? What has occurred in the past that is still unresolved?
- Are there any virtues or qualities that [querent's name] needs to incorporate into his or her character?
- Is there anything else you need to communicate to [querent's name] at this time?

The Four Karmic Quadrants

I would recommend, for you to truly understand the aspects of the Karma Reading, that you would review the material for “The Karma Reading Workshop.” If you have not taken it, this will help you better understand karma, and enhance your ability to perform a karma reading for others; I believe you would benefit from taking it.

We will do a quick review of the Four Quadrants. Since the Karma Reading summarizes this material for the querent, you have to be reasonably familiar with the varying content of these bands of the unconscious that you can access through the throat center of the Soul’s essential vehicle, so you can do this reading.

Excerpted from *The Karma Workshop* ©2010

“We characterize four types of karma. These are shown below.”

Type of Karma	Content	Potential
Adi	Unfinished noetic experience	Spiritual evolutionary potential
Kriyaman	Incomplete action or communication, unfinished goals, un-experienced consequence of past actions	Potential love–wisdom–power
Sinchit	Attachment to objects of desire, expressed as craving, passion, obsession, or fantasy	Potential virtue and Grace
Pralabdha	Template of life experiences, the challenges and blessings that are imbedded in life experience	Potential life experience and fulfillment of destiny

In the karma reading, you will summarize the impressions you gather from each of these four quadrants. You will contemplate the throat center of the Soul’s essential vehicle, and locate karmic stream in the following locations:

Excerpted from *The Karma Workshop* ©2010

“...Focus your attention into the throat (cervical) center [of the Soul’s essential vehicle]... Visualize a circle with four quadrants surrounding this center.

“You are to note the content of each of these quadrants, observing the [a] density of karmic accretion [along that track], [b] the depth from which it originates, and [c] identify which issues are contained in this karmic reservoir.”

“Move your attention to:”

- The right front quadrant [Kriyaman Karma]
- The left front quadrant [Pralabdha Karma]
- The left rear quadrant [Sinchit Karma]
- The right rear quadrant [Adi Karma].

“You may physically sense this karmic accretion as stored tension in your neck, upper back, shoulders, and at the base of the skull...”

Doing the Karma Reading

This is an advanced reading, and it will take some time to master it. Here’s how I do it.

I start with the left front quadrant, Pralabdha Karma. Here I look at all eighteen zones of karma that can be viewed in the throat center from this perspective.

Next, I move to the left rear quadrant, and read Sinchit Karma. I move my attention along this track. I divide this into seven zones. I look for the general trends that appear in each zone, and I write them down.

I do the same thing for the seven zones of Kriyaman Karma, behind the right front quadrant.

Finally, I do a Soul Purpose Reading to capture the track of the Adi Karma in the right rear quadrant.

Here is the template I use to capture the insights for this reading.

Band of Analysis

Example: "Since your cutting edge of spiritual development is on the Wisdom Plane of the Planetary Sphere, this reading will be done for the Planetary Realm karmic reservoir." [You could do this for any level; it depends on where the Cutting Edge is.]

PRALABDHA KARMA – These are issues in your destiny path that you are living through.

Center	Noted Karmic Issues
Helix and lotus one (base of spine)	
Helix and lotus two (navel)	
Helix and lotus three (solar plexus)	
Helix and lotus four (heart)	
Helix and lotus five (throat)	
Helix and lotus six (point between the eyebrows)	
Helix and lotus seven (top of head)	
Helix and lotus eight (Etheric body, feet)	
Helix and lotus nine (Etheric body, mid-calf)	
Helix and lotus ten (Etheric body, knee)	
Helix and lotus eleven (Etheric body, mid-thigh)	
Helix and lotus twelve (Etheric body, hips)	
Helix and lotus thirteen (Etheric body, base of spine)	

A Webinar of the Mudrashram® Institute of Spiritual Studies

Center	Noted Karmic Issues
Helix and lotus fourteen (Etheric body, solar plexus)	
Helix and lotus fifteen (Etheric body, heart)	
Helix and lotus sixteen (Etheric body, throat)	
Helix and lotus seventeen (Etheric body, point between the eyebrows)	
Helix and lotus eighteen (Etheric body, brain or crown center)	

SINCHIT KARMA – These are stored desire and fantasy impressions, and your aspirations, which fill the blocked channels of the Nada. This reading is for the third segment of the Nadamic path, which extends from the entry into the Planetary Realm to the top of the Second Planetary Initiation. These seven zones represent blocked or unawakened aspects of this segment, with zone one closest to you and zone seven furthest away.

SEGMENT	NOTED KARMIC ISSUES
ZONE ONE	
ZONE TWO	
ZONE THREE	
ZONE FOUR	
ZONE FIVE	
ZONE SIX	
ZONE SEVEN	

A Webinar of the Mudrashram® Institute of Spiritual Studies

KRIYAMAN KARMA – This is the karma that arises from the octaves of your Will. It includes your unfinished business, unfulfilled personal and spiritual expression, and your potential abilities. This reading is for the entire Planetary Realm. These seven zones represent blocked or unawakened volitional potentials that reside behind your vehicles of consciousness, with zone one closest to you and zone seven furthest away.

Volitional Potential	Noted Karmic Issues
ZONE ONE	
ZONE TWO	
ZONE THREE	
ZONE FOUR	
ZONE FIVE	
ZONE SIX	
ZONE SEVEN	

ADI KARMA – These are the markers of the future Initiations of your Soul. This reading is for the entire Planetary Realm. This portion of the reading begins with identifying your current cutting edge of spiritual development.

Your Current Stage of Spiritual Development

Your Soul resonates to the ___ Ray. Your Soul dwells in the ___ nodal point of ___ on _____ [Subplane, Plane].

Markers of Future Initiations

Image or Station on the Path	Level
Example: Golden Sun of Wisdom	Top of Wisdom Plane
Example: Presence of God in Human History	Top of 1st Exoteric Initiation
[I describe the major markers for each Plane, like this, up to Liberation]	

Thank you for attending our webinar today!

