

Vistas on the Supracosmic Sphere

In the Advanced Course in Meditation, you explored the Cosmic Sphere in great depth, but we spent less time on actually exploring the terrain of the Supracosmic Sphere, and more time on practicing the meditation systems that come from this realm. In this webinar, we will give you a glimpse of some of this missing cosmology, and fill in your knowledge gaps with guidance from the Mudrashram® Correspondence Course.

This webinar is meant to supplement the information given in our webinar of 3/2/13, “The Spirituality of the Supracosmic Sphere,” so we would recommend that you listen to this recording, or at least review the notes. This will give you a good conceptual foundation on which to embark on our journey today.

The Panorama of an Age of Brahma

Excepted from the Mudrashram® Correspondence Course

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One of the first things you discover about the Supracosmic Sphere is that it has an entirely different perspective on time. Time in the Supracosmic is an eternal cycle, in which the spiritual essences of humans migrate from Causal World embodiment, to Astral World embodiment, to Physical-Etheric embodiment—then back up the cycle.

During this vast period of time, the Mind of the Supreme Guru out-pictures 96 Supracosmic lineages, through which Light and spiritual teachings are disseminated to humanity during this vast period that encompasses 1,008 cycles of time. It follows a pattern like this described in the Mudrashram® Correspondence Course:

“These seven ages, which comprise vast periods of time, have a discrete number of lineages that arise, are sustained, and pass away. These are listed below.

Period	Age	Number of Lineages Arising	Cumulative Lineages
Causal Earth Period	Polarian Age	8	8
Astral Earth Period	Hyperborean Age	16	24
First Physical Earth Period	Lemurian Age	16	40
Second Physical Earth Period	Atlantean Age	16	56
Third (current) Physical Earth Period	Chaldean Age	16	72
Future Astral Earth Period		16	88
Future Causal Earth Period		8	96

“None of the lineages that were present in the Polarian and Hyperborean Ages still exist in their original forms, but some of these have been transformed into Physical Earth period lineages.”

“For example, one of the lineages of the Vishnu Plane details the appearance of the Avatars of Vishnu: His human Incarnations as Krishna in the Chaldean Age, Rama in the Atlantean Age, and Parasurama in the Lemurian Age.”

“Other Avatars [of Vishnu] are symbolically represented from previous Astral and Causal Earth Ages as various animal forms, e.g., the Boar, the Tortoise, the Fish, and so on.”

“The oldest current extant lineages can be traced back to the Lemurian Age. However, some of these are transplants from yet earlier Ages, where these original teachings from earlier Ages appear in concretized form as symbols or images whose origins cannot be established...”

Pathwork in the Supracosmic Sphere

“The active spiritual evolutionary principle in this Sphere is called the Supracosmic Soul. It dwells in one of the 73 paths of the Supracosmic Sphere, and has the following supportive centers that make up its vehicle.”

Cerebral (Brain)	Supracosmic Soul
Thalamic (Point between the eyebrows)	Supracosmic Word, embodying the Love, Wisdom and Power of the Supracosmic Soul – [this center activates the Divine Discernment faculty of the Supracosmic Soul]
Cervical (Throat)	Spiritual Teaching Center
Thoracic (Heart)	[Glorified spiritual form – this center embodies the Divine Compassion for all of those who are on the same Supracosmic Path]
Lumbar (Solar Plexus)	Spiritual Blessing Center, embodying virtue, grace and holiness [And abilities – this is also called the Empowerment Center]
Sacral (Navel)	Channel of the Nada [path of the spirit]
Perineal (Base of Spine)	Kundalini Shakti, the channel of the energy of awareness
Pedal (Feet)	Causal body [and the Supracosmic Seed atom/ Supracosmic Divine Name dwells here]

Balanced Supracosmic Spiritual Development

“The process of transformation in the Supracosmic Sphere must begin by locating the Supracosmic Soul, and aligning with it through repetition of the appropriate Supracosmic Divine Name, skillfully awakening the Kundalini Shakti, and opening the spiral path of the spirit to this same locus.”

“This pathwork is appropriately begun after spiritual development has been completed in the Subtle, Planetary, Transplanetary, and Cosmic Realms, and the Supracosmic Soul has been subsequently awakened.”

“Correct use of the Supracosmic Divine Name should begin with the selection of the mantra coordinated with the Supracosmic Path in which the Supracosmic Soul dwells.”

“In actual practice, however, this is rarely the case. Many Yogi Preceptors (who are empowered to initiate on behalf of Supracosmic Gurus) and Supracosmic Gurus, believing their path is the Ultimate Truth, give out their powerful Supracosmic Divine Name to all and sundry. This dispensation is given out without regard to the actual alignment of the Supracosmic Soul, or the seeker's actual stage of spiritual development.”

“Gross misalignment of the vehicles is a common result, with the concomitant development of a devotee *pseudo-personality* bent on worshipping the initiating teacher as the Representative or Incarnation of the Divine.”

“The highly devotional and sometimes fanatic nature of varieties of [Asian] and Middle Eastern spirituality is due to giving the wrong mantra at the wrong time in the seeker's spiritual development.”



“As the encapsulated seed of the mantra confers both quality and identity with sustained development along these lines, the pseudo-personality in time comes to supplant the natural personality. This unravels the safeguards of reason and reality testing of the natural personality, leading to cult-like entrancement, and adoption of irrational beliefs and practices...”

“It is important for you... to gain a clear understanding of what the spiritual work is, how it is to be carried out, in what sequence, and where is the appropriate stage to begin your spiritual work.”

“Without access to the Jewel of Alaya, which shows clearly what is the cutting edge of spiritual development and where it is to begin, teachers and their students approach these all important questions blindly, acting on faith and good will that they are giving the right method.”

“The spread of intolerance, fanaticism, and mystification by established religious groups and spiritual sects [anchored in the Supracosmic Sphere] suggest they have not yet arrived at the correct equations to solve this problem...[nor] discovered the means to bring about integral and balanced spiritual growth...”

The Causal Mental Sphere

“The realm of the Supracosmic Soul has sometimes been referred to as the Grand Causal Mental Sphere, or *Brahmanda*.”

“From this same perspective, the Subtle, Planetary... Transplanetary, and Cosmic Bands of the GCC are seen to be a secondary Creation, the Grand Astral Sphere, or *Anda*.”

“Similarly, the entire Physical Universe, with its billions of galaxies, is seen as a tertiary Creation, called *Pinda*.”

“The Supracosmic Sphere is very vast indeed. From the top of this Sphere, the entire Grand Astral Sphere appears to be no larger than an egg (Anda means egg in the Hindi language), and the entire Physical Universe as a barely visible black speck.”

“Whereas the physical body is our primary vehicle in the Physical Universe, in the Grand Astral Universe, we adopt a variety of different forms as our vehicles. In the Causal Mental Universe, the Supracosmic Soul dwells in the causal body...”

The Eight Yogas of the Supracosmic Sphere

In the Causal Mental Realm, each of the eight centers of the Supracosmic Soul has a corresponding Yoga. Each of these Yogas in turn corresponds to the dominant Supracosmic Ray for each Supracosmic Path. These are shown below:

Center	Active Principle	Yoga	Supracosmic Ray
Cerebral	Supracosmic Soul	Guru Kripa or Integral Yoga	4th
Thalamic	Supracosmic Word	Raja Yoga	5th
Cervical	Spiritual Teaching Center	Jnana Yoga	3rd
Thoracic	Supracosmic Divine Name Center [1]	Mantra Yoga	1st
Lumbar	Spiritual Blessing Center	Agni Yoga	2nd
Sacral	Channel of the Nada	Nada or Bhakti Yoga	6th
Perineal	Kundalini Shakti	Kundalini Yoga	8th
Pedal	Causal Body	Karma or Dharma Yoga	7th

[1] When the Supracosmic seed atom reunites with the Supracosmic Soul in the brain center at the stage of Realization, the Supracosmic Divine Name enters the golden form in the heart. Swami's description here depicts the state of realized disciple, when the Supracosmic Divine Name has fused into the heart center, and the Supracosmic seed atom has reunited with the overshadowing Superconscious Soul.

These eight centers comprise the body of the disciple [in the Supracosmic Sphere]. Discipleship in the Supracosmic Sphere consists of activating the body of the disciple, and ascending along the Supracosmic Path(s) that lead(s) to Liberation (Mahaparinirvana).

Meditating on the Supracosmic Lumbar Center

The [Solar Plexus Center of the Supracosmic vehicle, the] Spiritual Blessing Center expresses the power of Agni Yoga. Agni Yoga comprises many types of attunement, many methods for directing light and energy, through which the Supracosmic Soul can express its abilities. These types of attunements include the following:

- (1) The healing attunement – sending light to the body, ego-emotional complex, etheric body, mind, will, spirit, Soul or higher octaves of being. This restores normalized functioning of the body and the personality.
- (2) The purifying attunement – sending light to the unconscious bands of the mind and the Subconscious mind, the astral and causal bodies. This processes and clears unconscious issues, transmutes karma, and establishes virtuous qualities in the personal and transpersonal aura.

- (3) The faith-bestowing attunement – sending light to dissolve the resistances of reason and the ego, to open the portal to the personal unconscious and reveal its pain, shame, and fear, and to awaken the cord of remembrance by which human beings first encounter the Supreme Being. This clears doubt and resistance so an individual can begin to establish a relationship with God.
- (4) The power-awakening attunement – sending light to activate one of the abilities in the vehicles of the Superconscious mind (siddhis), and anchoring it in the attentional principle, in the swastika center of the Subconscious mind, or at the disposal of the volition. This allows the individual to access the abilities of the Superconscious mind and express them in meditation, hypnotic trance or in the waking state.
- (5) The seed-atom attunement – sending light to the seed atom of a vehicle to activate it, purify it, seal it from emerging unconscious material, and align it with the state of evolution of the Soul. This permits ministry to the vehicles of the Superconscious mind, preparing these vehicles to be an instrument for the Soul or for higher octaves of being.
- (6) The channeling attunement – sending light from a spiritual being (e.g., an angel, a god, an advanced initiate) to the attentional principle. This permits the individual to communicate on behalf of the being that is channeled, and may take the form of writing (automatic writing or dictation), speaking (prophecy or channeled speech), or action (possession or walk-in phenomena).

(7) The Translation attunement – also called Initiation, this attunement permits the unfolding of the potentials of the Soul and its vehicles through Light Immersion, the opening of the channels of the Nada, the empowering of bija mantras, and the conferring of a spiritual name for those who have become accepted disciples. This attunement can actively speed up the spiritual evolution of the Soul or higher octaves of being and the spirit.

“In the Supracosmic Sphere, one or more of these attunements may be expressed in a Supracosmic Path. This gives this Path an emphasis to healing, developing purity and saintly virtues, overcoming doubt and establishing a relationship and communion with the Divine, manifesting miraculous spiritual powers, opening centers in higher vehicles, becoming a channel for guidance and inspiration for others, or actively translating others.”

“The Agni Yoga attunement is the Second Supracosmic Ray. It is the lumbar center in the body of the disciple. It brings the gifts and blessings of spirituality into expression, so it is called the Spiritual Blessing Center.”

Meditation on the Spiritual Blessing Center

“Think about the healing ability of your body. Consider this energy of the intelligent life force radiates from your Soul and is anchored within it. Contemplate that light.”

“Notice that behind that light in your Soul is a path that leads to the lumbar center of your Supracosmic Soul. Move along that path until you gain union with the Spiritual Blessing Center.”

“As you hold your attention in this center, notice the attunements that have been activated in you. Observe if you have a healing gift. Notice if you have a therapeutic gift, conferring the ability to help others work out issues or to overcome weaknesses. See if you have a ministerial gift that encourages others to cultivate virtues, or inspires confidence and faith. Discern if you have another faculty through which your Soul expresses in you, such as an artistic gift. Look to see if you have the ability to carry out esoteric ministry that allows you to make attunements with higher vehicles, channel other beings or send the Light of Translation.”

“Look also to see the darkened veins of unawakened powers and abilities that embody your future potential for development. Notice how many gifts and abilities are dormant, waiting only for the fire of Spirit to bring them to life, making them available to you to serve other beings.”

Meditating on the Supracosmic Word Center

“The Supracosmic Word center unites the energies of the sacral center (love), the lumbar center (power) and the cervical center (wisdom). From this vantage point, the attentional principle can see the path, and can teach and minister to others from this center. In advanced Initiates, a throne may appear in this center, in which the attentional principle dwells while it does its ministry. The disciple working in the Supracosmic Sphere will typically meet the Guru of that Supracosmic Path in the inner radiant form at this center.”

“The Supracosmic Word center is the thalamic [point between the eyebrows] center of the Supracosmic Soul. It emphasizes the Fifth Supracosmic Ray, whose practice is Raja Yoga.”

Meditating on the Supracosmic Word Center

Bring your attention to the thalamic center of your Supracosmic Soul's vehicle. Allow your awareness to open fully. Notice the abilities available to you through your lumbar (power) center, the degree of progress of your spirit as viewed through the sacral (love) center, and the penetrating understanding of your Supracosmic Soul revealed through the cervical (wisdom) center.

Notice if a spiritual teacher is present in this thalamic center. Ask this teacher to identify him or herself if he or she is not known to you. [This teacher may have initiated you in this current life, or may have been a teacher from a former lifetime.]

The Supracosmic Soul's Track and Tradition

“The Fourth Supracosmic Ray governs the cerebral center in the body of the disciple where the Supracosmic Soul dwells. Its purpose is balanced spiritual development and harmonious unfoldment...”

“Focus your attention on your Supracosmic Soul. Allow your awareness to awaken through the vehicles as before. When your awareness is fully awakened, move your attention from the crown of the Supracosmic Soul (cerebral center) to the base of the Supracosmic Soul (padam) in the medulla center.”

“As you contemplate from the medulla center, different images will appear in your inner vision, such as temples, angels, gods and goddesses, different spiritual panoramas, visions of scriptures, sacred letters, or spiritual saints and sages. See if you can identify anything that gives you a hint as to the tradition to which your Supracosmic Soul resonates.”

“Move your attention back up to your crown (cerebral) center. Move beyond this center and follow the track of your Supracosmic Soul.”

“Follow this track until you find the lineage source that sustains your Supracosmic Soul. Continue to move forward on this track and look to see whatever other traditions are on the Supracosmic Soul's Way.”

“As you continue this process, you will behold the Supreme Guru, Who appears as the Light of all of the Lights, the Guru of all the Gurus. You will gain glimpses of other Lokas; behold the Lords of Karma of the Causal Mental Sphere; and then you will reach a jet of Spirit that is the final resting place of the Supracosmic Soul. This is Liberation (Mahaparinirvana).”

Opening the Supracosmic Gates

“When you pass beyond the Brahma Jyoti at the top of the Cosmic Sphere, the first thing you will behold is a series of gates that spiral around in a counterclockwise direction. Some of these gates will be open, and you will see light streaming through them. Others will be closed and you cannot see what is behind them. Others will appear dark and dead, like their light has gone out and there is only an eerie silence. Other gates will appear like patterns etched in stone, leaving only a dim outline—these are Supracosmic Paths that have yet to be manifested and belong to the future of the Brahmic Age.”

“The very first gate above those gates that appear etched in stone belongs to the Parameshwara Plane, and as you follow the spiral upward to the right you will see the gates of the Shiva Plane. With successive turns of this spiral, you will witness the gates to each of the higher Planes of the Supracosmic Sphere. At the center of this spiral, you will behold a brilliant Sun so bright you cannot gaze upon it directly. This is the Supreme Guru.”

“...Notice which of these gates are opened in you [and if you can recognize any of the content beyond them].”

Thank you for attending our webinar today!

